

Edmonton NEW SHOWHOMES OPENING JANUARY 2016 LIBERALS TRACKER THEIR LIST? Gender Parity TAXATION REFUGEES CLIMATE INDIGENOUS WOMEN



OILERS ROCKED

Hurricanes blow past Edmonton in 4-1 rout

metroSPORTS

Railcontract 'applauded'

High -1°C/Low -7°C Warmer 💟 🛈

VALLEY LINE LRT

TransED will maintain line after expected 2020 opening



Braeden Jones Metro | Edmonton

After an 18-month selection process, the city announced Wednesday it has chosen TransEd Partners as its contractor for the \$1.8-million Valley Line LRT.

TransEd is a consortium that includes train giant Bombardier, Fengate Capital Management, Bechtel and Ellis-Don.

The consortium will design and build the line to run between Mill Woods and downtown, but will also operate and maintain it for the next 30 years after its opening, expected in 2020.

That's because in 2012 city council decided to build the

Valley Line as a private-public partnership, or P3. "P3 allows us to transfer risk back to the proponent of the private sector," acting city manager Linda Cochran said at the announcement.

Under the P3 agreement, Edmonton can withhold payment to TransEd until it delivers, which insulates the city from delays, which it knows too well after opening the Metro Line, at a compromised speed, 16 months late.

Chochrane said the selection process was "robust," and the rigour used in vetting TransEd and two other proponents was "applauded" by an independent LRT governance board, which oversaw it.

Don Hickey, vice chair of that board, said he's "confident this project has been well managed and will deliver on its promise to Edmontonians."

Cochrane said the evaluation focused on experience in the design, construction, operation, and maintenance of LRT systems, as well as finances.



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STEPS TO BECOMING AN EXPERT ESKIMOS FAN

If you didn't contribute to the collective cheering that reverberated across Edmonton last Sunday, then you at least heard it. The Eskimos crushed the Calgary Stampeders 45-31 to clinch a spot in the Grey Cup game on Nov. 29. There's no shame in bandwagon-jumping. Even if you don't know the difference between an end zone and tight end, here are five pieces of deep Eskimo trivia you can recite with the air of an expert. OMAR MOUALLEM FOR METRO



GM's Straight Outta Compton

Look closely in N.W.A's iconic "Straight Outta Compton" music video and you'll spot a very young Ed Hervey, the team's general manager and former wide receiver.



2 Eskimo insanity

During the team's first Grey Cup win streak, from 1954 to 1956, its original Clarke Stadium home couldn't keep up with its ballooning fans, forcing stadium expansions on a near annual basis.



The community's team

The Eskimos are one of two remaining CFL teams that aren't corporate owned. And while the franchise's merchandise doesn't make as much revenue as the community-owned Saskatchewan Roughriders (not even all the other CFL teams combined do), it's a non-profit organization with a clear vision: "Delivering an overall sports and entertainment experience worthy of champions." They've certainly delivered.



4 Co-created by a tailor

The team we love today has its origins in the back of Henry Singer, a third-generation clothier that exists today in Manulife Place. However the first jerseys were hand-medowns from the University of Alberta Golden Bears.



5 Interesting alumni

While some Eskimos have gone on to become team coaches or managers, others have graduated to illustrious or legendary careers. Don Getty, Alberta's 11th premier, wore two of Edmonton's Grey Cup rings. Other notables: Normie Kwong and Stu Hart



MEMORIES

Thursday, November 26, 2015

Alberta politicians recall late colleague Manmeet **Bhullar with fondness**

Alberta politicians laughed through their tears Wednesday as Progressive Conservative leader Ric McIver recounted stories about his colleague Manmeet Bhullar.

McIver told the house that Bhullar, who was 35, loved to joke with fellow MLA Sandra Jansen that he grew up watching her as a Calgary TV anchor, and in caucus often asked her to sing her station's promotional jingle.

'He always wanted her to sing the Channel 2 and 7 theme song," said McIver.

"She has now admitted that she never had the heart to confess to him that she didn't know all the words."

He says Bhullar — who sported a thick, black beard would tease caucus mate Richard Starke that his moustache couldn't match Bhullar's facial hair at

And he said Grande Prairie-Wapiti PC Wayne Drysdale will never forget standing beside the barrelchested Bhullar in the house and listening to him belt out Canada's national anthem loudly, proudly, and ear-piercingly off key.

"(Drysdale) says Manny

was great at many things. Singing was not one of those things," said McIver.

All party leaders paid tribute in the house to Bhullar, the member for Calgary Greenway, who was killed on Monday in a traffic accident.

"One of our family members is missing and is missed," McIver told the assembly, as many on both sides of the house dabbed their eyes with tissues or fought back tears.

His death on Monday has left us heartbroken. THE CANADIAN PRESS



Oilers fans often flock to the LRT after games, and did so last week, but wound up stranded with little information waiting for trains that wouldn't come. BRAEDEN JONES/METRO

LRT communication failure under review

TRANSIT

Oilers fans left stranded at Coliseum station



Braeden **Jones** Metro | Edmonton

The city continues to review its transit-failure communication strategy after an LRT breakdown last Wednesday left Oilers fans stranded and confused at Coliseum station.

'Fundamentally, we are still trying to investigate what caused the power failure (that stopped the trains)," acting city manager Linda Cochrane said Wednesday. "But more importantly, we are concerned about how we communicated that, and we think we can do better."

Around 9:40 p.m., the LRT system was shut down and

I don't think we did the best job we could have.

Linda Cochrane

people leaving the Oiler's game had no idea — and waited for trains that wouldn't come.

Initially, the station intercom didn't offer any notice of the delay.

"I don't think we did the best job we could have of letting people know what the alternatives were," Cochrane said, adding that it's about more than what's broadcast over the speakers.

"It's about our after-hours communication protocols (and) having people at key points along the way to redirect folks, to give them a hand, to help them look at what their options are... we need to step up our game in that regard."

REFUGEE FUND

\$10,000 raised in one day

The Edmonton Mennonite Centre for Newcomers is shocked that a crowdfunding campaign for a Syrian refugee fund exceeded its goal in less than 24 hours.

"The public outpour of support for the work we do, and to welcome refugees to Edmonton, has been inspirational," said the centre's executive director, Erick Ambtman.

"I'm awestruck to be a part of this community.'

The centre's goal was to raise \$10,000 over two months. It exceeded its target in a day.

The money is needed to pay unexpected costs for government and privately-sponsored refugees — things like damage deposits, transportation expenses and winter clothing.

Ambtman said the money raised will "regularly be chipped away at" for those purposes, but raising more than \$11,000 in one day has him confident the centre can raise more and hire an employee to help with the settlement process.

"We will be hiring someone to support refugees, basically from the airport, making that connection, to making sure (they) get into programs they need, like language programs, making all those connections for them," he said.

Ambtman said the generosity of Edmontonians and the federal government's extension of the timeline for resettling refugees were both "very pleasant shocks."

He said groups now have more time to prepare and identify more options for affordable housing — and he's optimistic it all equals a successful wel-

"When there is this much kindness, generosity and good will in the community... (it will) go well." BRAEDEN JONES/METRO



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Think twice before sending nude photos

Thursday, November 26, 2015



Andrea Ross Metro | Edmonton

A new city-wide campaign is urging you to think twice before sharing a nude photo of someone else.

Sharing intimate photos of someone without their consent is illegal, a message the Sexual Assault Voices of Edmonton (SAVEdmonton) is looking to spread through a new poster campaign called "Without consent, it's not sent," launched Wednesday.

The campaign encourages youth and young adults who may have received intimate photos of someone without their consent to delete them.

Intimate images include those in which someone is nude, where genitals are exposed or where someone is engaged in sexual activity.

Most people... aren't aware that sharing intimate photos without consent is against the law," Cristina Stasia, SAVEdmonton chairwoman said.

"A big part of our campaign is that education. People



Most people ... aren't aware that sharing intimate photos without consent is against the law.

Cristina Stasia, SAVEdmonton chairwoman pass on these photos thinking there's no repercussions. It's a problem everywhere.'

SAVEdmonton is a coalition between the Edmonton Police Service, Responsible Hospitality Edmonton, the Sexual Assault Centre of Edmonton, the University of Alberta Sexual Assault Centre and the Canadian Red Cross.

Campaign posters will be in every Edmonton public school, as well as every Edmonton Catholic junior and senior high school. They will also be placed in bars and on city transit.

School resource officer Staff Sgt. Em Chan said sharing intimate images is an issue he has seen in Edmonton schools, though no formal charges have been laid at the level of school resource officers.

"It happens," he said.
"We're not out there to criminalize young people, but if we can remind them that it is against the law to make, possess or distribute these types of images, then that's a wake-up call for a lot of them.'

For victims of intimate photo sharing, Stasia said she also hopes the campaign makes it clear there are resources available to help them.

"We hope it lets them know there are people who take this seriously," Stasia said.

"They can go to teachers, they can go to their school resource officers, they can go to the cops. People are on their side and will help them fight this."



Staff Sgt. Darren Feist displays some of the weapons seized during a recent drug trafficking investigation. kevin tuong/metro

Bust at family ho

POLICE

Drugs, cash, loaded guns and six kids in the house

A slew of drugs, cash and loaded handguns were seized recently from an Edmonton home with six children, a situation police say was a tragedy waiting to happen.

The two-month investigation into drug trafficking culminated when officers with the Alberta Law Enforcement Response Team (ALERT) raided two homes in St.

Albert and Edmonton on Nov. 20. They found nearly \$60,000 in drugs and cash, along with the weapons.

The children living in the west Edmonton home were between the ages of five and 14, and the guns were not secured properly, Staff Sgt. Darren Feist said. Numerous child endangerment and child abandonment charges have been laid.

"One of them, the clip was just outside the gun in the house where the children were," Feist said. "Four of those firearms were improperly stored, easily accessible by the children. A large quantity of the drugs that were

You're talking very young children who have no real comprehension of the effects of the firearms...

Staff Sgt. Darren Feist

seized were also within grasp of the children.

You're talking very young children who have no real comprehension of the effects of the firearms or narcotics themselves.'

Between the two homes, police found 334 grams of cocaine, 200 ecstasy pills, 113 grams of marijuana, a stun gun and \$20,550 in cash.

Police are not identifying the two people arrested in the operation to protect the identity of the children, but one is a 39-year-old Edmonton man who faces 40 trafficking and child endangerment charges in total. The children's 30-year-old mother is also facing charges.

Both appeared in court on Tuesday. The man has been held without bail and will make another appearance on Friday. AN-DREA ROSS/METRO

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Opening up the logbook

POLITICS

New site tracks councillors' attendance and how they vote



Tumilty Metro | Edmonton

An Edmonton website developer is combining his interest in municipal politics and the city's Open Data Catalogue.

Troy Pavlek created yegvotes. info to help residents track their city councillors' votes. He said he wanted something that would help people dig into city politics without having to become political junkies.

"I made a site that allows you to go as deep as you like, to understand what council does and how they vote," he said.

The site uses the open data catalogue to track every council vote. Users can check votes on a given issue, or see everything a councillor has voted for and against - and even check their attendance.



Troy Pavlek's website, yegvotes.info, shows how councillors vote. KEVIN TUONG/METRO

Pavlek said he's interested in the Uber debate and was frustrated that media coverage made it appear council was unified on the issue.

"All these papers were portraying council as a single entity," he said. "There are 12 councillors and a mayor, and I didn't understand if my councilllor, Mike Nickel, was for or against it."

After several split votes on amendments when it was last before council, Nickel did vote in favour of first reading on the proposed vehicle for hire bylaw before council.

Coun. Andrew Knack said he sees the new site as another way for people to stay engaged. "It just helps give everyone

a little more information," he said. "The more you see projects like this, the more it justifies why the city is so invested (in open data) and why we have a whole strategy around that."

Pavlek said he hopes people see the site as a way to get en-

THE NUMBERS

A Knack for turning up

35 - Pavlek says when he broke down the numbers it showed the ratio of unanimous votes to divided ones is 35 to 1, showing a largely unified

100 - Coun. Andrew Knack has the best attendance record on council having attend all council meetings and cast all possible votes.

73 — Due largely to his run for federal office, former councillor Amarjeet Sohi has the worst attendance record attending 73 per cent of meetings and casting 75 per cent of possible votes. RYAN TUMILTY/METRO

gaged with politics. "I really want people to understand that municipal politics isn't really boring. It's the most accessible form of politics.'

EDUCATION

Eggen pleased by initial progress of school board

Education Minister David Eggen said he sees improvement in the embattled Edmonton Catholic School Board, but they still have work to do.

Eggen brought in a consultant in October to work with the board on their governance issues, after a debate about transgender policy devolved into a major issue.

They have worked through some transgender and LGBTQ policy, which looks very good so far. They have done it without dissolving into the acrimony we might have seen before," Eggen said.

The board has held public consultations on its transgender policy and next Tuesday the board could pass second reading on it. Board chair Marilynn Bergstra said she understands they have to re-assure the community.

"I understand why they want to hear something solid," she said. "When it is in writing you have that extra level of assurance." RYAN TUMILTY/METRO



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Startup visionary moving of

Co-founder says preserving group's culture a big challenge



Startup Edmonton's co-founder is leaving an organization he helped launch, marking a new chapter for the city's tech sector.

Ken Bautista, former CEO of Startup Edmonton and director of entrepreneurship at the Edmonton Économic Development Corporation (EEDC), has resigned from both posts.

While it's hard to leave, he said, it's time for the initiative to move on.

You bring it to a point where it needs to grow on beyond you," he said.

Bautista said that as much fun as it has been to help shepherd new tech companies, he wants to work on his own pro-



Ken Bautista, ex-CEO of Startup Edmonton and director of entrepreneurship at EEDC, has resigned both posts. COURTESY AMPERSAND GREY

"I had a couple of companies before, and you sort of want the challenge of building something."

He said the tech scene in the city is attracting major investors and formerly small startups are becoming big players.

Startup became a part of the city, through the EEDC, in 2014.

At the start of the linkage, Bautista said, he and others were hopeful they would keep their ethos and inject it into the bigger organization.

"The challenge is being able to move like a startup; maintaining that identity and culture is hard when you move into a bigger culture," he said. He said that's happening and

he hopes that going forward Startup maintains its identity. "I think the big challenge for



You bring it to a point where it needs to grow on beyond you.

Ken Bautista

it moving forward is ... keeping focus on still being that core platform for community building," he said.

EEDC president Brad Ferguson said Bautista would be missed.

"He's been evangelizing the importance of startups and the startup community at a time when we, as a province and as a city, must continuously diversify the economy," he said.

Ferguson said he sees Startup as continuing on the path it's on and even hopes to replace Bautista from within the organization or within the com-

"I don't see a different vision. It's part of a community and it's a huge enabler of a community," he said. "It's part of an ecosystem. It's not an island unto itself."

SHARE YOUR FEEDBACK

Proposed rezoning in Oliver for new apartment building

Thursday, December 03, 2015, 7:00 p.m. Oliver School, 10227 118 Street NW, Edmonton, AB

Residents are invited to a public meeting to provide feedback on the proposed rezoning of a property at 12010 Jasper Avenue NW in the Oliver neighbourhood. The proposed rezoning from a (DC1) Direct Development Control Provision to a (DC2) Site Specific Development Control Provision would allow for the development of a 114-metre (approx 35 storeys) apartment building with a maximum of 390 units and underground parking.

The proposed rezoning would also require updating applicable maps in the Oliver Area Redevelopment

The public meeting will be an opportunity to learn more about the proposal and provide your feedback, which will be summarized in a report to city council for a final decision on the rezoning.

For more information

Carman Yeung, Principal Planner, phone 780-496-6213 or email carman.yeung@edmonton.ca





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Learn more about and get involved in City issues affecting you and your neighbourhood. Go to www.edmonton.ca/PublicInvolvementCalendar for a list of public involvement opportunities.



Mass killings spike '14 data



Andrea Ross Metro | Edmonton

Alberta had the second-highest homicide rate in the country in 2014, according to new data from Statistics Canada.

Despite a 15 per cent decrease, Manitoba remained the province with the highest homicide rate for the eighth year in a row.

Alberta reported 22 more

homicides compared to 2013. There were two mass murders in Alberta in 2014 — one each in Edmonton and Calgary.

The 2014 edition marks the first time the survey includes complete police-reported data on indigenous victims and those accused of homicide.

In total, there were 516 homicides in Canada in 2014, four more than in the previous year.

Homicide rates across Canada in 2013 and 2014 were the lowest since 1966.

📫 IN NUMBERS

23: Percentage of victims who were indigenous 6x: Rate increase at which aboriginal people were victims of homicide compared to non-indigenous people in 2014

85: Percentage of homicides with indigenous victims that were solved by police in 2014

No vow on Athabasca move

After receiving a petition Wednesday, Advanced Education Minister Lori Sigurdson said she wants Athabasca University to stay in Athabasca, but an impending report from the school's board will inform any future decision.

Earlier this year, an internal report suggested moving the school as an option to deal with looming financial insolvency.

'We said we want an in-Athabasca solution for this, so we are looking forward to see what the board is presenting, and my understanding is the board wants that as well," Sig-



Mike Dempsey

Alberta Union of Public Employees vice-president Mike Dempsey presented Sigurdson with the petition, signed by nearly 900 people, calling for her to make a firm commitment to keeping the school in the community.

Dempsey said there would be huge ripple effects if Athabasca University moves.

"It's not just for our employees there; it's also for the community itself. It's the largest employer in the community of Athabasca," he said. "This would be devastating news for the town of Athabasca."

He said the union is glad the minister supports the idea but wants a firm commitment.

"We would like to see something in writing.'

Dempsey said students of the school also want it to stay in Athabasca. RYAN TUMILTY/METRO

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1934 38th Ave.

5912 104th St.

6172 50th St. NW

9518 Ellerslie Rd. SW

10309 34th Ave.

10642 82nd Ave.

West End

West Edmonton Mall

9935 170th St.

10429 178th St. NW

12714 137th Ave. NW 14220 Yellowhead Trail

14903 118th Ave. NW

Fort Saskatchewan

112 Town Crest Rd. 8701 94th St.

Leduc

5311 Discovery Way

Morinville

9918 100th St

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975 Broadmoor Blvd.

2020 Sherwood Dr.

Spruce Grove

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96 Campsite Rd.

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20 Muir Dr.

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82 Boulder Blvd.

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Climate policy Prentice's

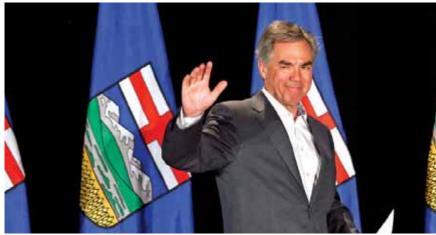
Notley's new emissions plan owes much to former premier

Alberta's new climate change policy is partly rooted in a series of low-profile dinner meetings that took place well before the election of Premier Rachel Notley and her fellow New Democrats.

In 2014, the province's environmental reputation was creating increasing resistance to its energy products and the Progressive Conservative government of the day, led by Jim Prentice, had made it clear that something had to happen, said Chris Severson-Baker of the Pembina Institute.

'He actually started talking about climate change in a different way," said Severson-Baker of the clean energy think-tank. Prentice "opened a space."

People on different sides of the fence started getting together for dinner. Environmental-



Back in 2014, the Progressive Conservative government led by Jim Prentice told many involved something needed to change on Alberta's climate change policy. THE CANADIAN PRESS FILE

ists behind some of the loudest anti-oilsands campaigns met with executives behind some of the largest oilsands expansions, just to talk.

"We weren't even speaking the same language," recalled Cenovus spokesman Brett Harris. "You've got to learn to speak the same language. It's a matter of moving from that environment of conflict to that of co-

"It was testy," Severson-Baker said. "There were a lot of things that pushed each others' buttons ... (but) the result of them was that people started to understand each other's point of view.

The talks got more intense when the New Democrats came to power last spring with a promise to address climate

Dinners evolved into meetings between technical experts. Issues were thrashed out.

The hardest topic was emission levels.



We weren't even speaking the same language.

Brett Harris, Cenovus

"The whole notion that emissions would rise before they peaked was really hard for (environmental groups)," Severson-

Industry fought any sort of emissions cap, fearing that would strand projects already under construction. The 100-megatonne limit agreed on was big enough to allow those projects to proceed, but low enough to force future development to find ways to radically reduce emissions.

"(Environmentalists) recognized that it's going to be very, very hard for the government of Alberta to put in place policies that would actually result in projects that are under construction today never going into production," Severson-Baker said.

THE CANADIAN PRESS



POWER

Province promises to pursue energy efficiency

Alberta continues to be the only jurisdiction in Canada or the U.S. without an energy efficiency program, despite years of advice that even a basic policy would create jobs, reduce utility bills and cut greenhouse gas emissions.

Alberta Environment Minister Shannon Phillips said that will change in the new year as part of the NDP government's climate change plan, which includes a broad-based carbon tax that kicks in in

Phillips said in the coming weeks the province will announce details of a new agency that is to come up with energy efficiency in-

"By the time that budget 2016-2017 rolls around we will have a sense of the costs, and second, of all the delivery mechanisms and the policy design."

Phillips said the program will aim to reduce energy consumption by homeowners, businesses, municipalities, hospitals and schools. THE CANADIAN PRESS

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MUNICIPAL BUDGET

Snow dollars up for discussion



Braeden Jones Metro | Edmonton

City councillors have an opportunity to support a plan to make the city's snow and ice control budget better reflect actual spending during their deliberations Friday.

In each of the past four years, winter road maintenance expenditures have exceeded what was allocated in the budget by an average of 37 per cent.

In 2014, the city went more than \$19 million over its \$54 million winter road maintenance budget.

In the past, the shortfalls have been addressed by drawing on the financial stabilization reserve.

But Eduardo Sosa, director of roadway maintenance, said changing where that money comes from between 2016 and 2018 would be strictly a "financial exercise," and won't affect service levels.

Sosa explained that with snow removal, it's one budget that's at the mercy of nature.

"My priority is to keep our roads safe, so if we have a bad year with a lot of snow storms, we can't say, 'Oh no, we've run out of money.' So



Eduardo Sosa, director of roadway maintenance. BRAEDEN JONES/METRO

we keep going with our operations," he said.

"If we need X amount, we

The proposed operating budget council will see Friday includes an increase of nine per cent by 2018, compared to the 2015 approved snow and ice control budget.

"The question in the report (for council) is saying, 'Can we provide a plan so our budget reflects actual expenditures that have been appearing?"

\$60,093,921

The city's 2015 snow and ice control budget

\$49.096.726

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Trudeau was right to delay: Experts



Strictly speaking, the Liberal government's plan to bring in 10,000 Syrian refugees by Dec. 31 and another 15,000 by March — rather than all 25,000 by end of year - is Prime Minister Justin Trudeau's first broken promise.

But the government's de-

cision to lightly tap the brakes on the resettlement process is being lauded by experts who implored them to take a bit more time to do it

right.
"It would have been very prob-lematic if they had stuck to the Dec. 31 deadline at all costs,' said James Milner, a professor at Carleton

University and former consultant with the UN High Commissioner for Refugees.

On balance, there's a real sigh of relief that the deadline has been extended.

The outcry for more time was among Immigration Minister John McCallum's messages when he announced the plan.

"I've heard Canadians across this country saying yes, you have to do it right, and if it takes a little bit longer to do it right then take the extra time," he said.

The Liberal platform said

it would "expand Canada's intake of refugees from Syria by 25,000 through immediate government sponsorship.

However, the refugees here by the end of February will also include privately sponsored ones, not just government-assisted as the platform promised.

But McCallum said government-sponsored refugees would continue to arrive.



Sgt. Matt MacIsaac removes some of his belongings from storage at CFB Kingston on Nov. 23 to prepare for the upcoming arrival

Military on standby

MENTAL HEALTH

Many refugees are plagued by PTSD

✓ GENDER PARITY

☐ TAXATION

REFUGEES

INDIGENOUS WOMEN

CLIMATE

Dr. Morton Beiser, a psychiatric epidemiologist from St. Michael's Hospital in Toronto, says research indicates up to 20 to 50 per cent of refugee children suffer from PTSD, while 10 to 15 per cent of adults are affected.

"I don't think that we are sufficiently equipped yet to deal with that," Beiser said. "It is important that we develop resources quickly and effectively ... We really have to get our act together.'

Refugees who suffer from PTSD often relive their trauma, Beiser added. "Post-traumatic stress disorder ... is an awful disorder," he said.

"It is a disorder in which people experience horrible situations that they've been in, they're back in the torture cell, they're back being raped.'

Mental health challenges for refugees also go far beyond PTSD, said Dr. Kwame McKenzie.

The medical director for the Centre for Addiction and Mental Health says newcomers also face higher risks of developing substance abuse, depression and schizophrenia.

THE CANADIAN PRESS

LOGISTICS

Medical and security screening will be overseas

Staff at Canadian Forces bases across the country are counting beds and making tentative plans to house and feed thousands of Syrian refugees expected to arrive in the coming weeks.

Capt. Evelyne Lemire, a spokeswoman at CFB Gagetown in New Brunswick, said they have not yet been told they will receive some of the 25,000 refugees the Canadian government has promised to accept by February.

But she said they have been

asked to see how many they could accommodate at the sprawling base as part of what the military has dubbed Operation Provision.

"We've been asked to look at our options, our accommodations and so on, like the numbers," she said from the base near Oromocto.

"We're ready to receive any Syrian refugees, if we're called on to do that.'

Lemire said the base at Gagetown is looking at everything from how to provide food and medical services to allocating space for religious practice for refugees from Turkey, Lebanon and Jordan.

It's expected that bases in Quebec and Ontario will be called on first to provide interim lodg-

We're ready to receive any Syrian refugees, if we're called on to do that.

Capt. Evelyne Lemire

ing for refugees, with bases and wings in other provinces expected to follow suit after the first wave of Syrians arrives.

The Forces could be asked to temporarily accommodate up to 13,000 refugees.

The newly elected Liberal government announced its plans Tuesday to resettle the refugees, saying it will miss by two months its initial deadline of Dec. 31 to bring 25,000 to Canada.

10,000 people by year's end and the remainder in the first two months of 2016.

Health and security screening will take place overseas and then refugees will be flown to Toronto and Montreal, largely on chartered aircraft.

From there, they will be spread across 36 different destination cities, which already have resettlement programs in place.

Temporary accommodation will be provided by the military, if required.

The Forces have said they want to use empty beds and not displace military members, but may have to do some shuffling of personnel at bases in Valcartier, Que., and Edmonton.

THE CANADIAN PRESS

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ABORIGINAL AFFAIRS

Construction on road to reserve nears reality

An isolated reserve under one of Canada's longest boil-water advisories is one step closer to being connected to the outside world.

The Manitoba government introduced a bill Wednesday that would give the province legal authority to help fund construction of a permanent road for Shoal Lake 40 First Nation.

The reserve — on the Ontario-Manitoba boundary — was cut off from the mainland a century ago during construction of an aqueduct which sends fresh

until November 30th.

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peg. It has no allweather road and has been under a

"It's something that cannot be overlooked any longer," said Ab-

original Affairs Minister Eric Robinson, who introduced the bill. "The challenges faced by Shoal Lake 40 in terms of clean drinking water, the cost of living

considered." We can start The road is an

boil-water advisory for 18 years. catching up to the toward reconcilirest of history. ation with First

Chief Erwin Redsky

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Chief Erwin Redsky said his community is 'very, very excited" about the prospect of finally having a permanent lifeline. The road would mean his reserve could

Nations, Robin-

son said.

and all these other start thinking about a water factors have to be treatment plant and economic development, he said.

The road is so critical in all that. We can start catching up to the rest of society.'

Robinson said Manitoba is prepared to kick in \$10 million for the road's construction, which he said would probably take two years to complete. Both the city of Winnipeg and Prime Minister Justin Trudeau have promised to match that contribution.

THE CANADIAN PRESS



The prime minister meets Queen Elizabeth II at Buckingham Palace in London, Wednesday. UI MOK/THE ASSOCIATED PRESS

PM meets with Queen

Iustin Trudeau returns to **Buckingham**

Prime Minister Justin Trudeau reacquainted himself with Queen Elizabeth, this time as the prime minister of Canada rather than the son of Canada's parliamentary leader.

Trudeau, making his second whirlwind tour on the international summit circuit in as many weeks, met the Queen at Buckingham Palace Wednesday morning.

"Good morning . . . Very nice to see you again," the Queen told Trudeau as they shook hands. "In rather different circumstances, isn't it?" she continued.

"I will say, you were much taller than me the last time we met," Trudeau said, to laughter from the Queen.

'Yes, it's extraordinary to think of, isn't it?" the Queen answered, before taking a seat across from Trudeau to have a private conversation.

Trudeau shares history with the Queen, having met the now 89-year-old monarch as a child in

BACKGROUND

Trudeau took to the international stage to pitch his Syrian refugee plan as an example of Canada's unique diversity to the world. "We have a responsibility ... to show that inclusive diversity is a strength and a force that can vanguish intolerance, radicalism and hate." he said at Canada House. THE CANADIAN PRESS

when his father Pierre Trudeau was prime minister.

& TORSTAR NEWS SERVICE

On this trip, the Queen also met Sophie Grégoire-Trudeau and two of their own three youngsters, Ella-Grace and Hadrien, who are along with them.

Trudeau then delivered a speech at Canada House in Trafalgar Square. He confirmed Canada would bring in 25,000 Syrian refugees by the end of February. The government had originally pledged to meet its target by the end of the year, but pushed back the deadline this week.

THE CANADIAN PRESS & TORSTAR NEWS SERVICE

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INFORMATION

Police need ready access to web user data: RCMP

RCMP Commissioner Bob Paulson says the police force needs warrantless access to Internet subscriber data to keep pace with child predators and online criminals.

In June 2014, the Supreme Court of Canada ruled police must have a judge's authoriz-

ation to obtain consumer online activities. The high court rejected the notion the federal privacy law governing companies allowed them to release identities voluntarily.

Paulson says he advocates giving police access to a customer's name and address while respecting the Charter. THE CANADIAN PRESS

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Armed police meet returning students

When Annelaure Leger dropped off her two children at school on Wednesday, it was like nearly every other day except for the machine-guntoting police officer.

After a two-day school shutdown sparked by a threat alert across the Belgian capital, Brussels resident Leger was relieved classes were back in session.

Though Brussels continues to be under the highest-level threat alert, meaning authorities fear a serious and imminent attack, schools and subways began reopening across the city on Wednesday. The alert was first raised to the top level in the capital on Saturday.

The terrorism threat level is expected to be in place until at least Monday unless there are significant developments, like the capturing of suspects linked to the Paris terrorist attacks on Nov. 13, who are



Life must go on and they have to go back to school.

Dimitri De Cra Yencour. a father of four

believed to be in Belgium.

At Brussels' College Saint-Jean-Berchmans, many parents had a word with school officials or the police officers guarding the entrance. Some experts warned that without a further explanation of the situation, officials risked undermining the public's trust.

"It seems paradoxical to say (Brussels) is still at the highest threat level but it's OK to open schools and subways," said Neil Greenberg, a professor of mental health at King's College London. THE ASSOCIATED PRESS



S-400 air-defence missile systems make their way through Red Square during a rehearsal for the Victory Day military parade in Moscow in May 2013. The missiles are capable of striking targets within a 400-kilometre range. THE ASSOCIATED PRESS FILE

Militants say they were behind attack

The body of a suspected suicide bomber was found at the scene of an attack on Tunisia's presidential guard in Tunis as the Islamic State of Iraq and the Levant (ISIL) claimed responsibility Wednesday for the attack that left 13 people dead.

Tuesday's attack on a bus carrying Tunisia's presidential guards involved about 10 kilo-



Police on Wednesday at the site of Tuesday's suicide bombing in Tunis. THE ASSOCIATED PRESS

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grams of military explosives, the Interior Ministry said.

Tunisian authorities discovered the body of a 13th person in the bus, believed to be the "terrorist who caused the explosion," the Interior Ministry said in a statement Wednesday.

A DNA analysis of the body is underway, the ministry added.

The government declared the blast a terrorist attack and imposed a 30-day nationwide state of emergency, with troops fanned out across the capital.

ISIL issued a statement Wednesday, saying a militant it identified as Abu Abdullah al-Tunisi carried out the attack after infiltrating the bus and killing around 20 "apostates." THE ASSOCIATED PRESS

Putin orders move of missiles to Syria

RUSSIA

Response to Turkey's downingof Russian jet

In a move raising the potential threat of a Russia-NATO conflict, Russia said Wednesday it will deploy long-range airdefence missiles to its base in Syria and destroy targets that may threaten its warplanes following the downing of a Russian military jet by Turkey.

The incident was the first time in 50 years that a NATO member shot down a Russian plane. If Russia responds by downing a Turkish plane, Turkey could proclaim itself under attack and ask the alliance for military assistance.

Most observers believe a direct military confrontation is unlikely, but the shooting down of the plane will further fuel the Syrian conflict and complicate international peace efforts.

The situation is also alarming because the Russian and Turkish presidents both pose

as strong leaders and would be reluctant to back down and seek a compromise.

The S-400 missiles, which Russian President Vladimir Putin ordered sent to the Hemeimeem air base in Syria's province of Latakia, just 50 kilometres away from the border with Turkey, are capable of striking targets within a 400-kilometre range with deadly precision. The military also moved the navy missile cruiser Moskva closer to the shore to help protect Russian warplanes with its long-range Fort air defence system. THE ASSOCIATED PRESS



Rebels kill pilot after pair parachute from aircraft

Two Russian pilots parachuted from their aircraft Tuesday near the border with Turkey after a Turk-ish F-16 fighter jet hit their

plane with a TOW missile. Syrian rebels on the ground fatally shot the pilot. The co-pilot landed in ravines, where a Syrian commando unit rescued him. THE ASSOCIATED PRESS



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Countries clash over natural gas

RUSSIA-UKRAINE

Kyiv also bars country's planes from its airspace

Tensions between Russia and Ukraine escalated Wednesday as Ukraine decided to stop buying Russian natural gas — hoping to rely on supplies from other countries — and closed its airspace to its eastern neighbour.

Russia's annexation of Crimea from Ukraine in March 2014 and its support for separatist rebels in the east has brought relations between the two countries to a post-Soviet low. Ukraine has since been trying to cut its dependence on Russian gas.

Russia's state-controlled gas company, Gazprom, said Wednesday that it stopped sending gas to Ukraine on Wednesday morning and will supply no more because Ukraine has not paid in advance for more deliveries.

Ukraine said it was its own decision to stop buying gas from Russia after it was offered better prices by other European countries. Those other countries import gas from Russia but can pipe it back to Ukraine.

Gazprom CEO Alexei Miller on Wednesday warned Ukraine and Europe of possible gas disruptions following the cut-off. Russia uses Ukraine's pipelines to transport part of its gas deliveries to other European coun-

Ukraine's "refusal to buy Russian gas threatens a safe gas transit to Europe through Ukraine and gas supplies to Ukraine consumers in the coming winter," Miller said.

The Gazprom chief said Ukraine had been buying up gas to store for the coming winter in the past two months but



Short-lived deal

The stoppage comes less than two months after an EU-brokered deal ensured supplies through March 2016. Russia lowered the price it charged Ukraine to what it charges neigh-bouring countries, from \$251 US per 1,000 cubic meters to about \$230 US. THE ASSOCIATED PRESS

claimed it was not enough to get it through the winter.

On the other hand the European Commission, the EU's executive arm, which has been mediating the gas row between the sides, noted that Ukraine's gas reserves are well stocked and that recent mild weather means that consumption has been below average.

"We are not particularly concerned about the gas flows from Russia to Ukraine at the moment," said commission spokeswoman Anna-Kaisa Itkonen.

Past gas disputes between Russia and Ukraine have led to cutoffs. A standoff in 2009 caused serious disruptions in shipments to EU countries in the dead of winter.

Ukrainian Prime Minister Arseny Yatsenyuk also announced that his government has decided to close the country's airspace to all Russian planes as "an issue of the national security as well as a response to Russia's aggressive actions.'

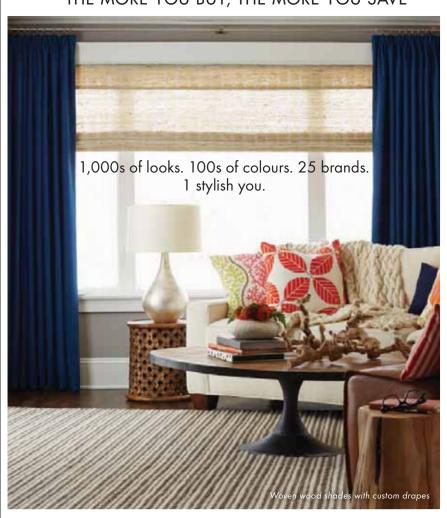
Ukraine last month banned all Russian airlines from flying into Ukraine but Russian planes have been allowed to fly over its territory.

THE ASSOCIATED PRESS



Gazprom's Moscow headquarters. Russia's state-run gas company said it had stopped shipments to Ukraine on Wednesday; Kyiv said it halted the purchases. THE ASSOCIATED PRESS FILE

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Violence feared over youth's death

CHICAGO

Resentment over footage of officer killing black teen

The white officer who shot a black Chicago teen 16 times in October last year has been charged with murder and jailed.

The graphic video of the slaying has been made public. And in the hours after the footage was released, protesters seemed to honour pleas for restraint.

The question now is whether those efforts will be enough to address the simmering resentment that authorities took more than a year to share the footage and charge the officer who emp-

tied an entire magazine into the teen even after he had crumpled to the ground.

City officials and community leaders had long braced for the release of the dash-cam video showing the death of 17-year-old Laquan McDonald, fearing the kind of turmoil that occurred in cities such as Baltimore and Ferguson, Mo., after young black men were slain by police or died in police custody.

A judge ordered that the recording be made public by Wednesday. Moments before it was released, the mayor and the police chief urged protesters to stay calm.

Mayor Rahm Emanuel said residents will "have to make an important judgment about our city and ourselves and go forward." THE ASSOCIATED PRESS





Protesters march in Chicago on Tuesday for 17-year-old Laquan McDonald, who was fatally shot and killed by an officer in October 2014. PAUL BEATY/THE ASSOCIATED PRESS

Hospital bombing broke rules: Officials

American soldiers and airmen who killed and wounded dozens of civilians in a strike on an Afghanistan hospital violated U.S. rules of engagement and have been suspended as they await disciplinary action that could include criminal charges, military officials said Wednesday.

Briefing reporters on the results of two investigations, Gen. John Campbell, the U.S. commander in Afghanistan, described an egregious series of human and technical failures that led a U.S. warplane to destroy a medical charity's hospital in northern Afghanistan last month. Campbell and other officials would not say how many people had been removed from their jobs or whether anyone higher in the chain of command would be subject to discipline.

Christopher Stokes, general director of Doctors Without Borders, whose hospital was attacked, said the U.S. military's statements Wednesday left his organization with more questions than answers.

THE ASSOCIATED PRESS



IN BRIEF

N.Y. subway ads with Nazi imagery cause outrage

An ad campaign that featured Nazi imagery has been pulled from the New York City subway system.

Seats on the 42nd Street shuttle were wrapped in Nazi images to promote an Amazon video series called The Man in the High Castle, depicting the U.S. if the Axis powers triumphed. THE ASSOCIATED PRESS

Nearly double number of kids cross border solo

Nearly 5,000 unaccompanied immigrant children were caught illegally crossing the U.S. border with Mexico in October, almost double the number from October 2014, according to U.S. Customs and Border Protection data.

The number of family members crossing together nearly tripled from October 2014. THE ASSOCIATED PRESS

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NEWS | Business Thursday, November 26, 2015 19



Stuck in a tough love situation? The brothers behind The Breakup Shop say they might have

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Mallory Chate For Metro | Toronto

Two brothers are turning what can be one of the messiest of life situations into a business.

The Breakup Shop hit the market two weeks ago, not too long after Mackenzie Keast, a Torontonian and co-founder, was "ghosted" by a woman he'd been seeing casually.

No email. No letter. Not even a Snapchat. She simply disappeared. And it got Keast thinking — maybe there's a market out there for helping people who say they want out.

Keast and his brother, Evan, started building the plan and are

We're sending you this message on behalf of Danny

We regret to inform you that Danny is breaking up with you. Although you've had a good run and shared some great ories along the way, it's time to move on.

We offer you our deepest sympathies, and wish you all the best in the future.

The Breakup Shop

THE BREAK-UP

BREAKUPSHOP.COM

recruiting what they call "heartbreakers" — people who will help craft on-demand messages the shop will send to people who enlist their services.

Those services range from the very basic Snapchat messages to flower bouquets accompanied by a text to personalized breakup

phone calls, placed of course by one of the heartbreakers. Prices start at \$5 and go up from there depending on the level of service.

Customers can add to any package by sending items like copies of The Notebook or cookies through the company's online gift shop. One option — the \$80 breakup gift pack — comes packaged in a box called the "memory oven," which the creators suggest filling with memories of your ex and setting on fire.

"Give us the money and we will give you the service," Keast

While they're not love experts, the brothers have, over the years, "been on both sides" of the difficult-to-end relationship equation, Keast noted.

That said, they're looking to hire at least some heartbreakers with backgrounds in things like couples therapy and psychology.

They're also looking to expand into face-to-face breakups, carried out, of course, by a com-

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Climate change taking its toll on Ugandan coffee farmers

Luka Kinyere felt the wet, dark volcanic soil in his calloused palm, thankful for the rain that was falling again after a dry spell.

Although the coffee plants in his plantation were turning green, dry conditions had doomed his chances of turning a profit from this year's second harvest.

Here in the foothills of Uganda's Rwenzori Mountains near the border with Congo, coffee is the lifeblood of many families, and men like the polygamous Kinyere need great coffee yields to run their households.

But their success is threat-

ened by climate change, which has warmed the region over the years, encouraging pests and diseases and bringing erratic but intense rains that erode fertile earth. Consequently, harvests have become unpredictable.

Many of the plants in Kinyere's estate are infected with leaf rust, a fungal disease that coffee production experts here say has become more prevalent because of rising temperatures. When the rust infects a coffee estate, the leaves of some plants develop yellow spots and fall prematurely. The result is a delayed harvest with coffee beans so small they

can't fetch a good price in the market.

Although many locals here know about climate change, which will be the focus of an upcoming UN conference where African countries hope to play a major role, they are not equipped to deal with its impact on their agricultural output.

Kinyere mulched his two-acre plantation and dug trenches to conserve water when it rains, but that won't help when a dry spell lasts more than several months. And often he can't afford to apply herbicides when diseases invade his estate. THE ASSOCIATED PRESS

Black Friday sales boom predicted

Despite recent challenges faced by Canada's retail sector, analysts have a rosy outlook for the looming holiday shopping season — particularly on Black Friday and Cyber Monday.

Rob Cameron, chief product and marketing officer of processing payments firm Moneris, said there has been an increase in sales on both days for the last four years.

"I think this Black Friday ... we would anticipate it being a larger increase than last year,' said Cameron. THE CANADIAN PRESS

🌐 market minute



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Your essential daily news

Thursday, November 26, 2015

CHANTAL HÉBERT: ON THE CHARBONNEAU COMMISSION



The release on Tuesday of the long-awaited report of the Quebec public inquiry into corruption in the construction industry served as a timely reminder that it's a rare commission that lives up to the expectations that preside over its creation.

It did not formally blame a single elected or non-elected individual for the corruption and collusion that has run rampant in the province's governance system. The commission sketched out patterns of systemic collusion in some details but failed or declined to connect the dots.

Justice France Charbonneau and her co-commissioner, former Quebec auditor general Renaud Lachance, could not even agree that an indirect link between illicit industry donations to the province's political parties and the awarding of public works contracts had been established.

As Justin Trudeau's government ponders how to fulfil its commitment to a national inquiry into missing and murdered aboriginal women, the Quebec experience offers a few pointers.

That starts with a workable mandate. The Charbonneau commission has been compared to the decade-old inquiry into the federal sponsorship program. But justice John Gomery's work was focused on a single federal program. Charbonneau's mandate was more open-ended. The construction industry interacts with Quebec politics at all levels of government.

The line between an overabundant choice of avenues and a lack of direction is a thin one. From the outside, the Charbonneau commission frequently looked like a rudderless boat on an ocean-fish

😘 As Justin Trudeau's government ponders how best to fulfil its commitment to a national inquiry into missing and murdered aboriginal women, the Quebec experience offers a few pointers.

ing expedition.

Just prior to its year-end break in 2012, the inquiry released an extensive blue-ribbon list of guests at a Montreal private club. The rationale for bringing up the list remains a mystery. There are other examples of testimony of little apparent relevance to the final report.

Gomery's sponsorship in-quiry heard from two (past and present) Liberal prime ministers. The Charbonneau commission — even as it deemed to explore political financing — called neither former Quebec premier Jean Charest nor any other provincial leader to testify at its public hearings.

Then there are the perils of an elastic timeline.

The Charbonneau inquiry was set up in 2011. It was subsequently extended twice for

a total of 25 months. Its four years of existence stretched over three Quebec governments and as many premiers.

With every extension, the impetus that had led to its launch seeped away. The reputations of some public personalities were left twisting in the wind for months.

Last year, former construction magnate Tony Accurso threw a bombshell at the inquiry hearings when he testified he had funnelled \$250,000 to former Montreal police chief Jacques Duchesneau to pay off the debts accumulated over the latter's failed 1998 mayoral campaign.

Accurso claimed he had a paper trail to document the payoff. But on Tuesday, the commission reported the promised proof never materialized. That was after Duchesneau spent a year under the

cloud of Accurso's allegations.

sion cost Quebec taxpayers

\$45 million. Its final report ran more than 1,700 pages. On

Tuesday, Philippe Couillard's

government threw it out to

the public with no advance

lock-up to give media the op-

portunity to take stock of its

recommendations.

voluminous content and its 60

The predictable result was

that much of the initial cover-

shiny object of the irreconcil-

able difference of opinion be-

tween the two commissioners

as to the relationship between

party financing and provincial

public spending. Quebec's ruling political class had a better

day Tuesday than the com-

many failings on its watch.

neau commission best ac-

mission that reported on the

Ultimately, the Charbon-

complished its mission on the

front of public awareness. Its

toll corruption and collusion

have taken on public services.

the problem was systemic. Time will tell whether those

findings translate into a last-

ing change in ethical culture.

quiry into missing and mur-

just-completed inquiry, care

should be taken to ensure the

exercise results in more than

allowing a government to tick

a sensitive item off its bucket

Chantal Hébert is a national

affairs writer. Her column

appears in Metro every

Thursday.

The upcoming federal in-

And they did demonstrate that

hearings vividly illustrated the

age focused on the bright

The Charbonneau commis-

Make it easier to make things right for wrongfully convicted



metroview

Diane Baker Mason For Metro

Earlier this month, a funeral was held for Romeo Phillion. Romeo was 76. He spent 31 of those 76 years in prison for a murder he didn't commit. He was convicted despite both the police and the Crown having in their hands a police report confirming his alibi a report they did not provide to his lawyer.

Romeo was one of Canada's wrongly convicted: a victim of a "miscarriage of justice." People who are wrongly convicted have little hope of righting that wrong. They go to prison. Sometimes, as in Phillion's case, for decades. Sometimes for the rest of their lives.

That innocent people go to jail is something the un-jailed populace would prefer to believe doesn't happen. We would all like to believe that tales of wrongful convictions - populated as they are by dishonest cops, unreliable evidence and mistaken witnesses - are the stuff of Hollywood melodrama. Who hasn't cringed at the innocent prisoner in The Shawshank Redemption, crawling through the sewer to get his freedom back?

Canadian victims of wrongful convictions have to do another type of crawling - uphill, towards a review of their case by the minister of justice. These rare applications are usually undertaken with the assistance of a volunteer group, such as

the Innocence Project or the Association in Defence of the Wrongly Convicted (AID-WYC). It's grindingly slow and often made slower by authorities in no hurry to produce information and documents. Faced with the possibility that an innocent person is in jail, many circle their wagons, providing only minimal cooperation. This is particularly disturbing when it turns out the application has merit.

How to encourage the authorities to be more accommodating? Since their reluctance might be caused in part by fear of exposure to a lawsuit by the exonerated victim, the creation of a compensation fund in the nature of the already-existing Criminal Injuries Compensation Fund might reduce that concern. In addition, an overseeing authority, such as an ombudsman, could be authorized to supervise the application process, ensuring that information and documentation is produced on a timeline, and assist the applicant's advocates if they are stonewalled.

In Romeo's case, it was 11 years between the Innocence Project and AIDWYC accepting his case and the Ontario Court of Appeal overturning his conviction. It would have been much less had his advocates not had to wrestle with the authorities to obtain documents and information. And that, as the saying goes, is a crime.

Diane Baker Mason is a Toronto-based novelist, writer and retired lawyer.

THE MICROTREND: Cat Café



Wannabe pet owners starved for time or space have a fresh option: mix coffee time with cuddles at a cat café. These coffee shops allow you to bond with resident cats, often shelter animals available to a good home. The feline-friendly restos are popular throughout Asia, particularly in Japan, but are popping up across Canada. Montreal was first to pounce on the fad. Now Ontario has cat cafés in Guelph and Toronto and there's another planned for Vancouver. If you want mo' cat with your mocha, go to Montreal. Quebec's laws on these café/petting 200 hybrids are the most lax, so felines can mix and mingle in the eatery. Not so in Ontario, where laws dictate the pets must be kept in a separate room. Still, it's the perfect solution for those with cat commitment issues-

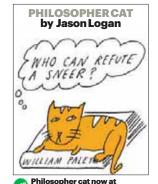
speed-dating, but with more fur. METRO

dered aboriginal women will also serve a public-education purpose and undoubtedly raise the profile of an issue that cries for more attention. But based on Quebec's

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TOPMAN



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Hibernate with these books

Here are nine reads we wouldn't mind on a snow day

With winter's chill settling over most of the country, its time to grab a blanket, brew some tea or heat some cocoa, and curl up with a good book. Thousands of great reads were released this year, so choosing one may be difficult. To help you out, we pared down the list of top critics' picks to what we think are the top non-fiction and fiction books of 2015.

Non-Fiction

H is for Hawk by Helen MacDonald



Published in North America this year (it debuted in the U.K. in 2014), Helen Mac-Donald's unusual memoir captured the hearts and imaginations of

reviewers all over the continent. A Torstar reviewer called it: "An astonishing memoir of grief and love, of loss and connection, H Is For Hawk is nature writing for the new century, resonant and accessible, wise and fragile. Like the goshawk upon which it centers, it is a thing of beauty, of blood, of violence, of joy;" "a



It's time for wool socks, a cup of tea and a good book. ISTOCK

memoir about dealing with grief (the death of her father) ... it is seldom that such a thoughtful accomplished book touches a nerve with ordinary readers; "this award-winning book is soaringly original and gorgeously written.'

The Dorito Effect by Mark Schatzker

This is not your average food book. Mark Schatzker uses science to shed light on the connection between nutrition and flavour



showing how our tastebuds no longer lead us to the most nutritious food, but to foods that are leading us into obesity and diabetes. Here's what our reviewers had to say: "fabulous research into why food has no taste and why we need to demand more;" "The best part? The solution he lays out involves a lot of good eating: top-quality, fresh, local, seasonal produce that restores our taste buds' primary function. A game changer!

On The Move, Oliver Sacks

Neurologist Oliver Sacks was a storyteller - his expertise was science, but he made it accessible, educating us through telling stories of his patients in

Awakenings and The Man Who Mistook His Wife For a Hat. Before his death in August, he was still enlightening us with stories and his

memoir On The Move, touched readers everywhere, including our reviewers: "Sacks' thoughtful and conscientious approach to his own death served as a reminder of the writer and neurologist's deep engagement with the very nature of life. His memoir ... brims with life even in the shadow of death;" "It isn't an exaggeration to say that Sacks was "beloved" for the freshness of his intellect, his enthusiasm, his fascination with the workings of human beings. And the publication of this autobiography in the final months of his life was a brilliant cap to an admirable life.'

Fiction



Anakana Schofield has hit the publishing world like a storm. This book was



nominated for the Scotiabank Giller Prize despite being about an uncomfortable subject: inside the mind of a sexual deviant. Still, our reviewers picked this as one of the top five of the year with comments such as: "Formally audacious and incisive writing that's also got plenty of heart and quirk;" "admiring the stylistic and thematic risks Schofield has taken with it;" "a novel that mirrors its protagonist's obsessive and deviant behavior in its elastic prose;" "a case study in mother-son drama where mental illness and an overbearing parent collide ... A dark, comic and moving portrait of the guilt, pain and suffering of the mentally ill."

The Girl on the Train,

It's not often a first-time novelist dominates the top of the bestseller lists for a year. But that's exactly what Hawkins

has accom-



plished with The Girl on The Train. Our reviewers agree: "In this fresh, female-focused psychological chiller, a young woman is drawn into a mystery involving people she observes during her daily London commute. Paula Hawkins' bestselling debut novel is an addictive page-turner with intoxicating characters, unflagging suspense and sharp insights into women's lives and relationships." TORSTAR NEWS SERVICE

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Glory in the art of **Florence**

Florence's art spanning 500 years is assembled and explained by art historians Ross King and Anja Grebe in Florence: The Paintings and Frescoes, 1250-1743 (Black Dog & Leventhal). Drawing on religion and myths deeply rooted in Italian culture, artists retold well-known stories by depicting angels, gods, saints and royalty as seen here, torstar newsservice







FRA ANGELICO Black Death, 1420

Pestilence, famine and the Black Death shrank Florence from a thriving city of 120,000 people to a mere 42,000 souls. People pray and are comforted in a densely populated hillside village with wild beasts, lions, deer and dragons. Religion is salvation and comfort in the

MASOLINO DA PANICHE

Healing of the Cripple and Raising of **Tabitha, 1423-28**

Two different Biblical miracles - healing a crippled man and bringing a charitable woman back from the dead — are put together in one scene and attributed to Saint Peter.



FRA ANGELICO

Annunciation, 1438-45

The annunciation — when the angel came down to earth to tell Mary she was going to have a baby named Jesus — is a story frequently depicted. This lightfilled painting hangs today in the convent where Fra Angelico lived as a member of the Dominican order at the convent of San Marco.

MICHELANGELO

Tondi Doni, 1504-07

Nude males lounge in the background, a heathen past behind the Holy Family in red, blue and orange creating a family circle in the foreground. They could be sculptures, with muscles delineated and robes folded and flowing. The Madonna is powerful, reaching behind her for the pudgy curly-haired infant, held safe in his foster father's arms. John the Baptist peaks from the corner. Created for the marriage of merchant Agnolo Doni, it hung in the couples' bedroom.

CHRISTMAS STATION

metr#LIFE Television Thursday, November 26, 2015

REASONS TO WATCH THE WIZ LIVE!

To transform The Wiz yet again, this time into a live TV extravaganza, is anything but easy. For weeks the star-studded cast (including Elijah Kelley, Ne-Yo, David Alan Grier, Mary J. Blige, Queen Latifah and newcomer Shanice Williams as Dorothy) has mustered at New York's Long Island's Grumman Studios. In free moments, they look ahead to their one-night-only trip to Oz on NBC, Dec. 3, 8 p.m. EST THE ASSOCIATED PRESS

BRIDGING THE RACIAL DIVIDE

Why The Wiz?

"The Wiz is a cultural touchstone in the black community, with an emotional connection we didn't really know about until we were doing it," says Neil Meron, who is producing the show with longtime partner Craig Zadan.

Bottom line: The Wiz is phenomenal entertainment, and even with the racial divide at its highest point in decades, we want to put that on pause and do something for the family and for the spirit, and have a great time."

MAKING YOUR DREAMS COME TRUE

A timeless message

Elijah Kelley (who plays the Scarecrow): "Understanding the ability to conquer your fears is one of the things that propels you to any success you desire. That's what The Wiz is about.

Singer-actor Ne-Yo (the Tin Man): "Everybody thinks, 'I'm not pretty enough,' 'I'm not thin enough,' I'm not this-or-that enough.' But none of that is true. The Wiz teaches you that everything you need to make your dreams come true is already there inside you."



THIS ISN'T HER FIRST YELLOW BRICK ROAD

In Dorothy's shoes

Shanice Williams, a 19-year-old New Jersey native chosen from hundreds of hopefuls, had already appeared in her middle-school production of The Wiz scoring the part of the Good Witch of the North. "But when there was an open call for the TV production, I went, just for the learning experience," she says. Then they kept calling me back and calling me back. There was finally a point where I was like, 'Hold on! I might actually get this.' Now I'm having the time

HE AIN'T HEAVY. IT'S HIS COSTUME

Men in suits

Actor-comedian David Alan Grier (on his Cowardly Lion getup): "It is SO very hot, sir! I'm a fuzzy

Ne-Yo (on his Tin Man costume): "It's 30 or 40 extra pounds. And it doesn't breathe!

Elijah Kelley (on his Scarecrow duds): "The costume isn't heavy, but I have to always stand like this," and he demonstrates an acheinducing bandy-legged posture. "What I don't have to deal with in my costume, I make up for with muscle contortion."

JOHANNA SCHNELLER WHAT I'M WATCHING

Code Black has legs

CODE BLACK, SEASON ONE, EPISODE SEVEN (CTV)

The emergency room at Angels Memorial Hospital in L.A. is wall-to-wall as usual, this time with victims from a car crash at a street fair.

The woman on the gurney has lost both her legs at the knee, and is hemorrhaging. An EMT driver hands a plastic bag to an intern.
"It's her legs," the driver says.

The intern stares into the bag.

"Drop it," says Dr. Leanne Rorish, his supervisor, and head of the ER. The intern gapes at her. "I mean it, drop it," she repeats. "Her legs are worthless if she bleeds out." The intern drops the bag.

This is the best new network show in ages, for three reasons: Marcia Gay Harden, the latest in a long line of terrific but underused film actresses who find new purpose on TV, who plays Leanne.

The gimmick of the series is catchy — code black is the term for an ER that's flooded with more patients than it can handle — and the excellent close-up camera work makes the war zone mood feel au-



Code Black is the best new network show in ages, according to Johanna Schneller. CONTRIBUTED

But what gives it meaning Harden's kick-ass control. I loved her slinky, scary-smart corporate fixer on The Newsroom: The way she delivered bad news while flirting was

Here, she's always doing three things at once, believ-

ably - saving patients, teaching students, and keeping a cool eye on everyone's personal dynamics.

She's economical in her words and movements, so a pat on the back or wry comment speaks volumes. She's incapable of a false note.

SCREAM QUEENS

Palmer hopes to live another season

GOOD nerves. We'll

be ready!"

Actress Keke Palmer is a little relieved shooting for Scream Queens is over, so she can focus on her music. But that doesn't mean she's about to give us any spoilers. When asked if her character on the Fox horror/comedy satire, sorority girl Zayday Williams, survives to come back for Season 2, all Palmer will offer is an elusive "I hope!"

You're into fashion, acting, singing — which one is your main passion? I love them all. But I just finished Scream Queens

and I'm getting ready to do Grease with Fox, but that's a bit more leisurely in the beginning, so now my focus can be on my music. I have the time to really work the way I want to work, since I don't have to be on set. So my main focus is finishing my album and just really getting the right

Who are your biggest music influences?

Brandy is one of the biggest. Of course, Michael Jackson he's everybody's influence. Aliyah, TLC, Mariah Carey, always been a big fan of hers. For people now who inspire me — Drake. He's very talented and he's no one genre.

Are you a big horror fan?

Of course, the biggest. I love Scream Queens so much because it blends my two favourites, horror and comedy.



Mumblecore this is not

The Clasp is an old-fashioned coming-of-age caper

Sue Carter For Metro Canada



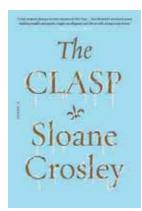
Made popular by directors like the Duplass Brothers, the films follow the mundane lives of characters in their 20s or 30s, typically caught in some kind of juvenile freeze-frame, dissatisfied with their lives, careers and relationships. Often there's an unrequited romance to be resolved at the end of the two

If Sloane Crosley's debut novel, The Clasp, was adapted for film (which, Hollywood, take note, it should), it most likely would not be considered mumblecore.

Though her characters navigate the same soul-crushing realities of early adulthood, Crosley has wrapped their stories around an old-fashioned caper that shakes them out of their navel-gazing reality and into a French countryside chateau. In the sharp ways that she deals with social issues like wealth and class, Crosley is a closer cousin to Oscar Wilde than Lena Dunham.

The Clasp follows three 30-somethings reunited at a posh university friend's wedding. There's sad Victor, who was just fired from a secondrate search engine tech company; literary playboy Nathaniel, trying to make a living in Hollywood selling screenplays about fake superheroes; and beloved Kezia, who works for a tyrannical jewellery designer. After Victor is woken up by the mother of the groom after passing out in her bed, she reveals to him a story about a valuable necklace stolen during the Nazi raids that may have been linked to Guy de Maupassant's classic heartbreak of a story, The Necklace.

When the mother dies suddenly, and her jewellery goes missing, the trio ends up in France, chasing each other, the necklace and some desire to change their lives.



Crosley, who gave up her longtime publishing job to write full-time, says her first love was fiction. She completed her first novel in college but the manuscript never made it very far. It was with her two collections of personal essays, I Was Told There'd Be Cake and How Did You Get This Number where she made her mark as a humorist in the vein of David Rakoff or David Sedaris. Both collections became New York Times bestsellers, with I Was Told There'd Be Cake optioned for an HBO series.

Crosley's 140-character zingers have also made her a favourite online, as have her book trailers, the latest of which stars Amanda Seyfried and her dog. (She had a cameo on Gossip Girl, to give a sense of her place within the New York literary scene.)

The Clasp took five years to complete, a much longer stretch, Crosley says, than her non-fiction work.

She moved around frequently, retreating to friends' homes to write. She used her experience in Los Angeles working on various pilots as research for Nathaniel's character, and relied on a friend's expertise to capture the details of working nine to five for a tech company.

While researching the mechanics of jewellery production, Crosley started her own fake line to make sure she got it right. She even rented out her apartment on Airbnb so she could afford some time at a château in Normandy.

While this detail gives The Clasp believability within a rather absurd plot, it's Crosley's dry but empathetic wit and observational power that makes this book a real gem.

Sue Carter is the editor at Quill & Quire magazine.



Sloane Crosley has just published her first novel, which revolves around the lives of a group of 30-somethings reunited at a friend's wedding. CAITLIN MITCHELL



Order online at virginmobile.ca, call 1.855.BE.VM.VIP or stop by to say hi.









Fairy tale hits the right notes

Glee star talks growing up, grandma

The angelic-voiced Chris Colfer may have broken through to TV stardom as Kurt Hummel on Glee when he sang Defying Gravity, but these days he's smashing sales records in the publishing industry as well.

His series of four volumes of revisionist fairy tales, under the umbrella title The Land of Stories, has been No. 1 on the New York Times bestseller list, while the first picture book inspired by the series, The Curvy Tree, debuted last month to strong sales. Fans of Colfer's fabulous fables are waiting for the boxed set, Adventures From the Land of Stories, to hit the streets on Nov. 24.

It's quite a lot for the 25-yearold from Clovis, Calif., to have on his plate, but on the phone from New York he seems just about the nicest young guy you'd ever want to chat with, lacking all of his alter-ego Kurt's sometimes abrasive fashionista baggage.

"Thank you for recognizing that Kurt and I are two different

people," he says. "Don't get me wrong, I loved playing him, but we're not the same in so many ways. When I walked into my audition for Glee, I was a smalltown kid wearing scruffy jeans and a shirt from Target.'

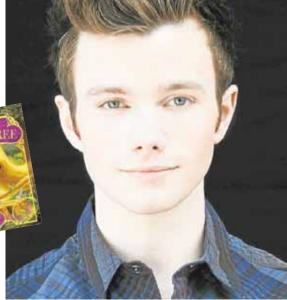
In fact, when Colfer auditioned for the show, he was originally brought in to try out for the role of Artie.

But the show's creator, Ryan Murphy, s e n s e d something in Colfer and created Kurt for him.

"That

was fantastic, sure, but I had to do a lot of homework really quick. I used to keep watching The Devil Wears Prada on repeat to soak up all the gestures and mannerisms. I don't think anybody ever guessed that I was channelling Meryl Streep's judgmental looks as Kurt.'

Colfer made a big impression from the start when Glee hit the air in 2009, but it was the ninth episode that season, Wheels, that really did the trick. Colf-



Chris Colfer was first inspired to write fairy tales as a kid when his sister was suffering from seizures. AFP

er and Lea Michele's character Rachel battled over who would sing Defying Gravity from the musical Wicked.

"That came from my own life," says Colfer. "I always wanted to sing it in high school, but the teachers wouldn't let me because they said it was a girl's song. My grandmother finally let me sing it in the church where she was a reverend.

"That song meant the world to me. Wicked was about someone who nobody paid attention to and who had a sister with special needs.'

Colfer's voice gets husky as he explains the next part of his

"When I was a kid, my sister, who was five years younger, was diagnosed with epilepsy. Sometimes she would have 50 seizures in an hour. It was a very, very difficult period for the whole family. That's when I started creating fairy tales in my head and writing them down. I just couldn't write enough and my grandmother persuaded me to wait.

"She said, 'Christopher, I think you should wait until you've done with elementary school before worrying about being a failed writer.'

But when Colfer got to middle school he had other problems to deal with.

"That's when the bullying started. My voice may have matured over the years, but it's never changed. So there I was, a sensitive kid with an effeminate voice.'

He thinks of a line he wrote in The Curvy Tree. "Being different may have been difficult, but it's what saved me." TORSTAR NEWS SERVICE



releases new book

Author Cheryl Strayed has become somewhat of an advice guru. People were fol-

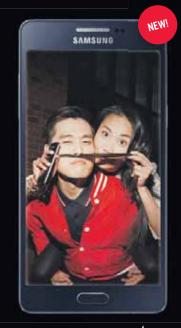
lowing her advice before even knowing it was Strayed who was giving it through her Dear Sugar col-

umn for The Rumpus. Then came Wild, Strayed's memoir and story of walking the Pacific Crest Trail shortly after her mother's death and after the demise of her marriage. Now, Strayed is back with Brave Enough, a compilation of various Strayed-isms and life mottos. They are the type of phrases you write down and keep in your wallet, or at least tweet to your followers, giving them something to think about. EMILY LAURENCE/METRO IN NEW YORK



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MUSIC

Adele at every age

What if Adele kept releasing a new album corresponding to her age? We imagine the possibilities.



Album: 29 **Single:** Rolling in the Diapers



Album: 35 **Single:** Set Fire to the Rain 2023 (feat. Suri Cruise)

37 All Sin Ha

Album: 37 Single: Rumour Has It the Music Industry Thinks I'm Getting Old



Practice

Album: A Very
Festive 50
Single: Someone

60

Album: 60 Single: He Won't Go Use My Seniors Discount



Album: 74
Single: When We
Were Really, Really

78

Album: 78 **Single:** All I Ask Is That You Speak Up

82

Album: 82 **Single:** Tired, So Very Tired

91

Album: 91 Single: Goodbye



Adele has outsold even the mighty Céline Dion in her first week. JOSIAH KAMAU/GETTY IMAGES

How Adele beat Céline

2

You don't give heartache away for free in this business

In the Nov. 21 Saturday Night Live sketch A Thanksgiving Miracle, an awkward Thanksgiving is saved when a family's political squabbles are interrupted by Adele's Hello.

As the soaring ballad plays from a clunky old CD player, the family (including Matthew McConaughey in grandpa garb) leaps from their seats for a wind-machine-assisted sing-along.

This week proved it: Adele is someone we can all agree on. On Wednesday, Nielsen reported that Adele's album 25 sold 260,000 copies in Canada alone in just five days, breaking Céline Dion's 230,000 firstweek sales record for 1997's Let's Talk About Love. Here's how she made it happen:

Adele for all

"Adele's music is popular with all demographics," says Anita McOuat, partner at PwC and editor of PwC's Entertainment & Media Outlook 2015-2019. "My four-year-old loves her music. But she's popular with people in their 40s and 50s and maybe even beyond."

Bye Bye Bye to boy bands?

Though Adele dethroned 'N Sync in the U.S., make no mistake — teenage girls have not abandoned their historic throttle on the music industry. McOuat notes that 'N Sync heir apparent Justin Bieber just charted 17 singles simultaneously on the Billboard Hot 100, breaking a record set by the Beatles. But people today prefer to listen their ballads as whole albums, while choosing their pop hits à la carte from digital or streaming services.

Offstream

While Bieber may be slam-dunking streaming records, you don't make Adele money by just giving heartache away for free. She famously pulled 25 from streaming, and can you blame her? The Copyright Board of Canada ruled in May 2014 that artists would receive just 10 cents per every 1,000 streams of a song. TORSTAR NEWS SERVICE



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Wu-Tang album sells for millions

The only copy of the infamous Wu-Tang Clan album Once Upon A Time In Shaolin has been sold at an auction to a secret bidder.

Auction house Paddle8 sold the record to an American buyer for an undisclosed sum that was "in the millions," reports The Los Angeles Times. Contrac-



The one-off Wu-Tang album in its artist-designed box. AFP

tual restrictions mean the record's new owner will not be able to release any of the music commercially for 88

The 31-track album was completed in 2013 and has been stored in a vault in Marrakech, Morocco, in an engraved silver-and-nickel box designed by the artist Yahya.

The music is shrouded in secrecy but the group has revealed that it features a guest appearance from singer Cher. AFP

Cobain makes Heck of a debut

Kurt Cobain is back in the charts following the release of Montage of Heck: The Home Recordings.

The record starring the late Nirvana frontman has debuted in the No.1 position in the Billboard Soundtracks chart, Billboard reports. It has also entered the Alternative



Albums chart at No. 6 and is currently placed No.11 on Top Rock Albums and No.121 on the Billboard 200.

The album was created to accompany a documentary of the rocker's life, Kurt Cobain: Montage of Heck, released this year. It features previously unheard material, including a cover version of The Beatles' song And I Love Her, alongside 12 other

EXPANDING HER BRAND

Beyoncé steps up fashion game

Beyoncé Knowles is working with British retail tycoon Sir Philip Green on her own clothing brand.
Set to debut next spring, the

fashion range will go on sale in 20 countries around the world.

As head of the Arcadia Group, Sir Philip Green owns a host of fashion retailers including Topshop, Dorothy Perkins, Burtons and Miss Selfridge.

The partnership is a concerted effort to take a bigger slice of the global 'streetwear' market — sneakers, athletic, casual clothing and acces-

News that Beyoncé was considering a move into fashion first surfaced at the end of 2014 when it was revealed she'd held discussions with Green regarding the creation of a new global clothing company -Parkwood Topshop.

However, there had been no statements

from either party until Wednesday when Arcadia Group's parent company gave a profit update and issued an official statement confirming that "We are developing our distribution globally for the launch of this exciting new brand in spring 2016." AFP

Cambodian fest has friend in Angie

Big star draws focus to rebirth of nation's film industry

The little-known Cambodia International Film Festival is getting a star-powered boost this year from Angelina Jolie

The Hollywood star, who is currently in Cambodia filming her latest movie, will serve as president of the festival's honorary committee, organizers said.

The festival held in the capital, Phnom Penh, runs Dec. 4-10 and is screening 130 films from 34 countries.

"Cambodia's rich history, long culture and talented people mean it has a huge amount to offer the region and the world," Jolie Pitt said in a statement issued Tuesday by the festival. "I'm proud to support the Cambodia International Film Festival and Cambodia as a home for vibrant and innovative filmmaking."

Festival adviser Cedric Eloy, head of the Cambodian Film



Angelina Jolie Pitt, UN High Commissioner for Refugees special envoy and co-founder of the Preventing Sexual Violence Initiative, visits Jan Mai Kaung refugee camp in Myanmar. HKUN LAT/THE ASSOCIATED PRESS

Commission, said Jolie Pitt's role would provide moral support and help "bring attention to the rebirth of the Cambodian film industry.'

Cambodia's film industry was devastated by the murderous reign of the Khmer Rouge in the 1970s.

Jolie Pitt is currently filming an adaptation of a Khmer Rouge biography, First They Killed My Father, based on a 2000 memoir by Cambodian author and human rights activist Luong Ung. THE ASSOCIATED PRESS

ALL MY CHILDREN

Popular daytime soap star dies

Longtime soap opera actor David Canary, best known for his role as twin brothers on All My Children, has died at age 77.

Canary died of natural causes on Nov. 16 at his home at The Greens at Cannondale in Wilton, Connecticut, Paul Pyrch of the Bouton Funeral Home said Wednesday.

Canary's career spanned more than five decades, with appearances in the films Hombre and Saint Valentine's Day Massacre before earning recurring roles on Peyton Place and Bonanza. In December 1983, he joined the cast of All My



Soap star David Canary ABC/THE ASSOCIATED PRESS

Children as twins Adam and Stuart Chandler. Playing the brothers - one evil and the other good-hearted --- he acquired fame and five Daytime Ēmmy Awards.

"For more than two decades David Canary defined daytime drama on ABC," the network wrote in a statement Tuesday. "Our hearts go out to his family and we mourn his passing."

Canary shunned the spotlight and preferred to live quietly with his wife and family.

He is survived by his wife, two children and a grandchild. THE ASSOCIATED PRESS

OH WHAT FUN IT IS TO BE DONE.



Find a glorious gift for everyone on your list at shoppersdrugmart.ca/jollydays



Your essential daily news

Seasonal decor: Rose hips from your plants make a colourful centrepiece addition

Single-family homes are becoming harder to find, especially in the larger markets. Condos fill the need for growing cities, but if you want to start a family, there's nothing like a backyard. A two-bedroom house is a modest size for a growing family — here is a selection of unique homes on the market this week. but if you want to start a family, there's nothing like a backyard.

Duncan McAllister FOR METRO

ASKING PRICES WERE ACCURATE AT TIME OF PUBLISHING





\$650.000

Ottawa

This home in Lindenlea is zoned commercial with three units in total: Two large residential apartments and one commercial space is included. The building exterior is brick with wood shingles on a 27' x 65' lot. Listing agent Paul Jackson says this is a rare opportunity to own one of New Edinburgh's most iconic properties. Jackson is a sales representative with Royal LePage Performance Realty, 613-238-2801.



\$459,900

Calgary

This former bungalow show home includes upgrades such as vaulted ceilings, built-in cabinets and a three-sided fireplace. The main floor offers a good-sized kitchen with an island, pantry and nook. The master bedroom has a full en suite with soaker tub and walk-in closet. It's close to green spaces, shopping, schools and transit. Tim Lind is a sales representative for RE/Max Real Estate Mountain View, 403-333-08374.

\$365.000

Edmonton

Here's a half-duplex for sale at 214 Charlette Way in Sherwood Park. The main floor has a two-piece washroom. The great room has a built-in TV cabinet above a gas fireplace. The kitchen has dark cabinets with tile backsplash. There's a fully fenced backyard with gas barbecue hookup. Two large master bedrooms each have walk-in closet and four-piece en suite. Sara MacLennan is a sales representative with Liv Real Estate, 780-486-8655.

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Deck the tree



The Christmas tree is the focal point of your home for the next few weeks. Just as friends cast judgment on your outdated throw pillows or wall colour, the tree will also come under scrutiny — so get it right.

Hunting for this season's best artificial Christmas tree, I found the perfect one from Canadian Tire. Here's a few of their best

Tire. Here's a few of their best holiday tree-trimming accessories and some rules to ensure a fabulous centrepiece to your home this season.

Colour trends

Look for the three big trends this year: layers of blue, warm metallic colours, and grey tones. Each colour helps to create a different mood when decorating: Blues give off a retro vibe when teamed with red and

Best artificial tree: Canvas Oxford Liberty Pre-Lit Pine Christmas Tree, 9 ft., \$580, CanadianTire.ca



Blue

Layering many tones of blue ornaments will give you a visually simple but interesting scheme.

- 1 Canvas Arctic Teal Wide Glass Finial Ornament, \$5
- 2 Canvas Arctic Teal Peacock Ball Ornament, \$4.50



All tones of gold help to create a luxe look on the tree this year.

- 3 Canvas Gold Spike Ball Ornament, \$5.50
- 4 Canvas Gold Glass Peanut Ornament (set of 3), \$4.50





Mix with silver and black to create a sophisticated look.

- 5 NOMA Distressed Glass Lighting (10-set), \$17
- 6 Canvas Silver Flower Patterned Glass Ball Ornament, \$5
- 7 Canvas Silver Metal Penguin Ornament, \$3



white; gold and bronze give off a luxe appeal when mixed with other warm metallic tones like copper; and, grey creates a sophisticated look when silver, black and berry colours are added.

Accessorize the tree with creativity

At the top of the tree, consider something fun like a black top hat and red scarf or a set of decorative resin deer antlers. Under the tree create some luxury for those gifts by laying a faux fur throw, or crumple a set of vintage velvet drapes. Who knows what you might find lying under the tree on Christmas morning?



How many ornaments should I hang on a seven-foot tree?

250 ornaments (35 ornaments per linear foot of height is a general rule).

What should I look for in an artificial tree?

Look for trees that are realistic in colour, have at least two different style of branches, are pre-lit with an adequate amount of warm-white lights, and that the trunk is covered to have a natural bark look.

How many lights should adorn a seven-foot Christmas tree? 700 lights (100 lights per linear foot of height).



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BLACK FRIDAY Whatyou must know to find the must-have buys



Black Friday has become the unofficial start of the holiday shopping season, with thousands of Canadians taking advantage of online and in-store sales. SHUTTERSTOCK

Early birds get the best deals

Online and in-store deals may already be available

Tanya Enberg

Slashed prices on electronics, clothing and sports gear top the lists of many Canadian Black Friday shoppers — and it's becoming easier than ever before to snag the best deals available, say the pros.

"Stay social," advises Satish Kanwar, director of product for the e-commerce site, Shopify, used by more than 175,000 merchants across the globe.

"Your friends love posting about great Black Friday deals just as much as stores do. Lots of online stores also allow users to share their shopping experiences directly from the site, or tweet out musthave items. Shoppers should

monitor their newsfeeds and timelines to make sure they're not missing out on any great deals."

Sharon Giraud, a business consultant in Mississauga, Ont., is a savvy Black Friday devotee. Among the goods she will be watching for is software, clothing, tech gadgets and cooking items.

"I check online and in store in advance to see what the prices are," says Giraud, 49, who prefers shopping virtually to avoid in-store crowds.

"You can often jump online at midnight and get the deals before stores even open. If it's something like shoes or clothing, I try it on in advance so I am certain the sizing is right."

Additionally, Giraud makes a habit of asking staff at the stores where she shops about future markdowns, especially as a number of businesses start cutting prices before the arrival of Black Friday.

Striking early is smart move, agrees Kanwar.

"More and more, retailers are offering sales in advance

BEFORE HEADING OUT

- · When cross-border shopping, calculate exchange rates and shipping costs before ordering
 • Understand the currency
- being used online
- Take advantage of promo

- · Shop with retailers you know and trust
- Research the return policy. Policies can range from store-only credit to full refunds or a final sale with no refunds

of Black Friday to ramp up excitement for one of the busiest days of the year," he says. "Be sure to keep an eye out

for the inevitable early sales." Diane J. Brisebois, president

and CEO of the Retail Council of Canada, says homegrown merchants are stepping up their online game, and Canadians are taking notice.

"What we heard from the great majority of retailers who were active in promoting Black Friday (last year) was about the growth in online shopping," Brisebois says.

"They were shocked - it was double digits."

Brisebois points out that

more merchants are setting up virtual stores, resulting in a highly competitive atmosphere and boosting interest among buyers looking for value from the comfort of their own homes.

Rooted in the U.S., Black Friday is still a relatively new concept in Canada. It first began appearing here in 2008, and the idea is gaining momentum with some consumers.

It is now considered one of Canada's biggest shopping days of the year, with tech items in the highest demand, as well as other pricier fare, such as parkas, footwear, jewelry, skates and ski equipment.

Brisebois says that Black Friday is "becoming the kick off" for holiday shopping, however stresses that it is easy to get swept up in the consumer hype and lose sight of one's budget.

"To some people it's the high, the excitement it gets crazy, it gets busy,' says Brisebois.

"There's a lot of buzz, but always be careful that you're buying what you need and what you're going to enjoy. This is no different than trying to put your list together for the holidays – stick ťo your list."

Brisebois suggests setting a budget, shopping around, downloading apps to price compare, paying with debit, and only using credit if the card provides real benefits.

Meantime, Kanwar says that loyalty pays off with favourable early-bird discounts and insider news.

"You're probably also on a few stores' email lists already from past purchases and it's likely they will tell you first about their upcoming discounts or deals," he notes.

"One of the most widely used tactics for online stores is email marketing. Subscribers can gauge which retail-

ers will offer them the most value and best discounts by joining mailing lists well before Black Friday."

45%

According to a survey by Mintel, 45% of Canadians believe buying the

appropriate gift, regardless of cost, is

important, while 30% value sticking to a

survey also revealed that 55% watch for ads

holiday budget. The

promoting in-store holiday deals, 47%

search out online sales

ads, 44% use coupons and 40% rely on social media platforms for

discount information.



Shoppers take advantage of Black Friday sales at Macy's in New York City. GETTY IMAGES

Black Friday is 'here to stay'

HISTORY OF

The shopping extravaganza is now pretty much on par with Boxing Day

Vawn Himmelsbach

A decade ago the concept of Black Friday didn't exist in Canada. But over the past five years it's picked up steam, becoming a part of the Canadian shopping psyche — almost as much as Boxing Day.

In the U.S., Black Friday follows Thanksgiving Day, which always takes place on a Thursday at the end of November. The tradition dates back to 1924 when Macy's held its first Thanksgiving Day Parade (on Thursday), which kicked off the holiday shopping season (on Friday). The term "Black Friday" was coined in the '60s, referring to retailers moving out of the red and into the black.

Canada, of course, celebrates Thanksgiving in October, so Black Friday doesn't fall on a holiday here. Yet it's still become a popular shopping event.

"The tipping point of when it became an important holiday to retailers is when it became an important holiday for consumers," said Michael LeBlanc, senior vice-president of marketing and digital retail with the Retail Council of Canada.

Over time, more U.S.-based retailers have opened up shop in Canada, lending publicity to the event. "But really what sent the tipping point over was when the dollar was at par," said LeBlanc. So many consumers started shopping on Black Friday — south of the border or on U.S. websites — that Canadian retailers started paying attention.

It was a "defensive-offensive" strategy, he said, adding that cross-border shopping takes about \$8 billion out of the Canadian economy each year.

But it was also seen as an opportunity, since it's a time when Canadians have shopping on the brain. "Last year was probably the biggest milestone because retailers had fully adopted it into their promotional calendars," said Le-Blanc.

"It's probably within the last five years that it really caught fire on this side of the border," said Kelly Askew, managing director of retail strategy with Accenture. Initially there was a growth spurt, but the numbers have levelled off, with 61 per cent of Canadians indicating they would participate in Black Friday in 2013 and 2014. This year, that number is 60 per cent, according to Accenture's holiday shopping survey.

"Canadian retailers have fully embraced Black Friday and people aren't dependent upon driving across the border to the U.S. or shopping online at U.S. sites," said Askew. "It's interesting to note slightly more Canadians plan to shop on Boxing Day than on Black Friday, but they think they're going to get better deals on Black Friday."

Canadian retailers have jumped on the opportunity to move December shopping into November, he said, giving them more confidence in their numbers as they near year's end — as opposed to relying entirely on Boxing Week.

It's also become a cultural phenomena — Askew has seen Black Friday deals in Europe and as far away as the Philippines.



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Hot tech deals for Black Friday



Marc Saltzman

'Tis the season to buy tech toys, whether it's to gift over the holidays or treat yourself to something you've had your eye on.

Retailers are looking to spur sales on "Black Friday" — which takes place on Nov. 27 — including advertised discounts on many consumer electronics

The popularity of Black Friday shopping continues to grow and each year Canadian retailers are responding with enticing promotions," says Jason Anderson, senior vice president of Marketing at Cadillac Fairview. "Electronics are among the topselling items within our properties, so the deals are there, and savvy shoppers are taking advantage of the savings.'

"On such a busy shopping day, consumers need to be strategic, test, scout and do product research ahead of time so they can identify what they want and where to get it quickly especially when it comes to the hottest tech products that are sure to fly off the shelves," suggests Anderson.

Look no further than below for a glimpse into some of the best Black Friday deals on gadgets, gear, and games.

Toshiba 55-Inch 1080p 60Hz LED TV (55L310Ū) Regular price: \$699.99 Black Friday price: \$499.99 Retailer: Best Buy

If you've been saving up to treat yourself to a big-screen TV, Best Buy is offering a 55-inch Toshiba LED TV (model #55L310U) for \$200 off the sticker price - and throwing in one year of Geek Squad 24/7 online support, should you need it.

This 1080p HD television enjoys LED backlighting, 60Hz refresh rate and a 1000:1 contrast ratio for deep blacks and more vibrant colours. Along with the twin 8-watt speakers, this television features DTS TruSurround for a more immersive sound experience in your TV shows, movies, games and sports.

Monster iSport Bluetooth Wireless In-Ear Headphones Regular price: \$119.99 Black Friday price: \$59.99 Retailer: The Source

Active types will tell you four problems with the earbuds that ship with your smartphone: the audio quality is less than desirable; they're not sweat resistant; the cord

gets tangled up; and they fall out of your ears too easily.

Instead, the Monster iSport Bluetooth Wireless In-Ear Headphones resolves all of those issues: they offer superior sound; they're sweatresistant; they wireless connect with your smartphone; and they're designed to stay in your ears comfortably and securely. An inte-

grated microphone means you can take a call if one comes in.

Canon EOS Rebel T5 Camera w/18-55mm

Regular price: \$499.99 Black Friday Price: \$329.99 Retailer: eBay (eBay.ca/ BlackFriday)

Don't take lousy photos with your smartphone when you can capture life's memories in much better quality. eBay has a Black Friday sale on the

Canon Rebel T5

for up to 58

per cent off. Ideal for amateurs and hobbyists, this digital Single Lens Reflex (dSLR) camera includes an EF-S 18-55 millimeter lens for you to capture dazzling photos and shoot HD movies right out of the box.

iRobot Roomba Vacuum Cleaning Robot (780) Regular price: \$699.99 Black Friday price: \$449.99 Retailer: Best Buy

Who wouldn't want their home vacuumed by a robot? Especially if you can just "set it and forget it" - to borrow the quote from infomercial

guru Ron Popeil. On sale for \$250 off the usual price at Best Buy, the iRobot Roomba 780 can move about your floors to suck up 98 per cent of dirt, crumbs and pet hair off carpet, hardwood, tile or laminate. Simply plug in the iRobot to charge it up, turn it on and let it navigate around your space to do its job — unless you want to use the bundled remote to take control.

Fitbit Charge HR Fitness Regular price: \$179.99

Black Friday price: \$149.99 Retailer: Multiple stores

If your New Years' Resolution is to get rid of that spare tire once and for all, the Fitbit Charge HR Fitness Tracker might just be the motivator you need - and it's available for \$30 off at multiple retailers on Black Friday (an exclusive blue model is on sale at Best Buy only from Nov. 27 through 30). This wrist-mounted bracelet lets you set a daily goal such as a certain number of steps taken, distance traveled or calories burned — and the lightweight and water-resistant wristband will keep track of your daily progress. As the name suggests, the Fitbit Charge HR can also read your heart rate.

Along with info on the s m a 1 1

12.45

screen, this Fitbit also wirelessly syncs with your phone

Acer Iconia 7-Inch Tablet Regular price: \$109.99

Black Friday price: \$89.99 Retailer: The Source

Want a tablet but can't afford an iPad? You'd be surprised how good an inexpensive tablet can be, like the Android-based Acer Iconia, a 7-inch white tablet available at The Source for \$20 off the regular price. Fast and light, and with a high-resolution display (1280 x 800 resolution), this touchscreen tablet is ideal for playing games, viewing videos, reading ebooks, browsing websites, and more. Along with support for Google Play's 1.5 million downloadable apps, this tablet includes Bluetooth connectivity for optional wireless keyboards, speakers, headphones and other accessories.



Deal hunting? Apps for that

'Tis the season for gift-giving, so why should you spend more than you need to?

Whether you're shopping for family, friends or colleagues (or hey, even yourself), your smartphone can be an invaluable companion as you wander the aisles at your favourite retailer or shop online (or a bit of both).

In fact, a number of free apps can help you save cash by telling you if what you're about to buy is a good deal or not. Flipp

You know those flyers you receive at your door each week? Consider Flipp a much better way to flip through all of them - and with no mess to clean up afterwards. Available for smartphones and tablets, simply use your fingertips to browse stores near you or se-

lect what retailers matter to you — whether it's an electronics store, clothing chain, home decor outlet, and so on — and you'll be able to see the latest flyers that showcase new products and sales. Clip favourites, see (and use) coupons, press and hold on a product to read reviews, add items to

your shopping list, see discounted items only, and much more. Flipp also works for buying grocer-

ies all year round. **Ebates**

Why just save money when you can make money? That's the idea behind the free Ebates app, which pays members cash back every time they shop online through participating retailers.

Sign up for a free account and then every time you shop at one of the supported stores (and there are many) you'll start earning cash that can be sent to you via cheque, deposited into a PayPal account, or donated to a charity of your

choice. Each store offers a different cash back percentage. Ebates says stores pay them a fee when customers use the app, and Ebates shares a portion of the fee with the user. The app also offers exclusive deals, as well as sales and coupons, too.

eBay/Kijiji Don't forget about on-

line marketplaces, such as eBay, with a newly-updated app for iOS, Android and Windows. Despite its 'online garage sale' vibe when it first launched, most goods on eBay are brand new, says the company. And you don't have to bid on items if you're not into auctions, as many items can be purchased outright. If you prefer to buy local and with cash (and avoid shipping charges altogether), try visiting classifieds sites via an app or browser, such as Kijiji and Craigslist.

RetailMeNot

One of the most popular coupon sites and apps, RetailMeNot offers more than 500,000 coupons that can be redeemed at more than 50,000 brickand-mortar and online stores in North America — so chances are you'll find what you're looking for after typing in a product name in the search window. For instance, there was a coupon code to buy the

Roku Streaming Stick for \$20 lower than the regular sticker price and 25 per cent off Roots clothing. Each coupon shows you when it was used last, user comments, and more. Also consider apps from Shop.ca, Checkout 51, InstaCoupons, and ShopToIt.

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Following the lead on Black Friday

ALL OVER THE WORLD

Across the globe, countries have jumped on annual day of shopping

Camilla Cornell

Black Friday began as a quintessentially American shopping event, but the custom has since spread around the world. Traditionally the kick-off to the Christmas buying season, Black Friday now has a following in countries without a Christian past such as South Korea and Japan, as well as France, the U.K. and, of course, Canada.

The good news: the mayhem that accompanies the occasion in some countries seems to have been mitigated in Canada by our characteristic politeness. Here's what to expect from Black Friday events across the globe.

South Korea

In 2013, during Beufle (the Korean name for Black Friday),

South Koreans spent more than \$1 billion on goods from online retailers based abroad, a 47 per cent leap from 2012, according to customs data.

The reason: tariffs and taxes on goods in Korea can push up prices by 20 to 30 per cent. In spite of customs and delivery costs, deeply discounted items from the U.S. are simply cheaper — even when they originate from Korea (such as Samsung televisions).

It should come as no surprise then that the country launched its own Black Friday event this year to keep the cash at home. This year, it started at the beginning of October and wrapped up mid-month (Oct. 14), getting the jump on its U.S. counterpart.

The upshot: The 22 Korean retailers who jumped on the bandwagon saw a sales increase of a total 719.4 billion won (US\$ 634.9 million), or 20.7 per cent over the previous year in the first two weeks of October, according to data compiled by the Ministry of Trade, Industry, and Energy.

Mexico

Inspired by Black Friday, "the good weekend" (El Buen Fin) shopping spree takes place over four days and is pegged to Mexico's 1910 revolution. This year, it kicked off November 13-14.

El Buen Fin began in 2011, as an initiative of the Mexican government, the country's business council and private retailers. Sales have grown steadily – in 2014, they increased by 13.7 per cent over the year before. But the event's success has had its dark side, prompting the Mexican government to warn consumers that credit "can be easy to acquire and sometimes very difficult to pay off."

The U.K.

Britain — which has no tradition of Thanksgiving — managed to ignore Black Friday for many years. In 2010, Amazon introduced the shopping day, but it wasn't until 2013 that it really took off.

That's when Amazon was joined by Asda, a supermarket chain owned by Walmart, as well as other British companies such as Tesco, Sainsbury's, Currys and John Lewis, all offering Black Friday specials.

By 2014, the madness was in full swing. Mail Online reported that several hundred customers tried to break down the door of a Tesco store in Wigan, England before its scheduled midnight



In South Korea, Beufle (the Korean name for Black Friday) started at the beginning of October and wrapped up mid-month (Oct. 14), getting the jump on its U.S. counterpart. ISTOCK

opening, Manchester police made three arrests, a woman was injured by a falling TV and at a Tesco staff member in Stretford got a black eye.

France

The French have largely greeted Black Friday with a Gallic shrug of disdain. This is, after all, a country which tends to be unyielding about its set sales periods — which fall in the summer and the New Year. What's more, Les Francais tend to re-

gard the shopping event as a symbol of the worst American consumerism.

That hasn't stopped French merchandisers from trying to cash in, though. Big brands such as Casino, Fnac, Darty and Habitat have launched sales in the past. Still, the occasion isn't likely to rival the U.S. or U.K. for craziness any time soon.

The U.S.

Still the granddaddy of all Black Friday events: in 2014, Black Friday sales both in-store and online hit \$50.9 billion. This weekend, an estimated 140 million shoppers are expected to hit bricks-and-mortar stores, as well as the web.

On the negative side, the U.S. has a history of Black Friday violence that includes stabbings, brawls and outright havoc. In 2013, two families in Philadelphia — the City of Brotherly Love — fought until one of the women ended matters with a stungun.





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Seattle Seahawks running back Marshawn Lynch will miss 3-4 weeks after undergoing surgery to repair an injury related to a sports hernia

Eskimos motivated by frustrating 2013 season

103RD GREY CUP

Edmonton playing for title for first time since 2005

J.C. Sherritt can't forget how tough it was to be an Edmonton Eskimo two years ago - and neither does he want to.

The fifth-year linebacker said remembering the CFL club's miserable 4-14 record in 2013 makes this year's trip to the Grey Cup against the Ottawa Redblacks that much sweeter.

'From an athletic standpoint, it's the hardest thing I've ever but he has a great

gone through in my life," Sherritt said Wednesday after Edmonton's first practice at Investors Group Field. "To go through that adversity, to lose like we were los-

ing — just that whole situation made you really grateful for what you are involved in now.

To be a part of that change and to watch the culture shift, all these things take place, you've just got to be grateful."

The Eskimos lost six games by five or less points (five of those in a row) in 2013. Thirdyear head coach Kavis Reed

was fired and replaced by Chris Jones.

The new blood, on and off the field, propelled Edmonton to a 12-6 record last season, but a loss in the West Division final against the eventual Grey Cupchampion Calgary Stampeders.

After this year's 14-4 mark and the dispatching of those Stampeders in the division final, the Eskimos are playing against another rebounding club. The Redblacks flipped from 2-16 last year to 12-6 this season.

Sixth-year quarterback Mike Reilly had a baptism by fire when he was traded to the Eskimos from the B.C. Lions in January 2013.

"That was my first chance to finally be the starter on a football team," recalled Reilly, who started all 18 games that year. "Winning four games, you're wonder-

ing if you're going to get another opportunity to continue to be the starter.

As each loss mounted, and with the added sting of losing the close ones, the players forged a bond, Reilly said.

That was especially true with Reilly and defensive end Odell Willis, who was also in his inaugural season wearing green and gold after signing as a free



Mike Reilly and the Eskimos are in the Grey Cup, two season after winning just two games.

After every tight loss, Reilly would seek out Willis.

JOHN WOODS/THE CANADIAN PRESS

"I would find him and I would just say, 'Remember this, man. Like remember this because we're going to talk about this at some point in time and we're going to laugh about it.

And we're going to say, man, that sucked, but we had to go through that to find success,' Reilly said.

"This year has been the year where I've found him and said, 'Remember those games, man? You remember those? Remember how bad that was? It was all worth it to feel this.'

"So, yeah, it wasn't fun, but I do think that part of that made us into the team that we are

The Eskimos last played in the Grey Cup in 2005, a 38-35 overtime victory against Mont-

Coach just fine with his players scoring off-field

Rick Campbell isn't about to mess with success.

The Ottawa head coach said if scoring off the football field helped his team get to the Grey Cup, he's fine with his players getting lucky this week as the Redblacks prepare to face the Edmonton Eskimos on Sunday in the CFL title

Campbell, in his first CFL championship contest as a head coach, offered a brilliant answer when asked the traditional question about pre-game sex at the annual Grey Cup coaches news conference Wednesday.

'It's my job to put guys in the best position to have success, whether that's on or off the field," Campbell said with a straight face. "So I guess I'm going to give advice more than a policy.

This would probably apply to most of our players and coaches and it mirrors our football team is that the odds aren't good and no one gave you much of a chance but, if you pay attention to detail and you execute and you do it with zest and enthusiasm, anything can happen."

Campbell's deft answer left Edmonton head coach Chris Jones almost speechless.

"How do you top that?" he asked.

THE CANADIAN PRESS

It sounds cliche.

message and he

leads by example.

Calvin McCarty on head

coach Chris Jones

Henry Burris and the Redblacks lined up at Investors Group Field on Wednesday afternoon for practice.

JOHN WOODS/THE CANADIAN PRESS

Burris planning to prove doubters wrong partially fuelled by his doubt- people say certain things that in

Only Henry Burris can arrive at the Grey Cup with a chip on his shoulder and a mega-

The 40-year-old Ottawa Redblacks quarterback comes to the CFL championship game having thrown for 361 touchdowns and more than 60,000 yards in his 16 years in the league. He was MVP of the 2008 Grey Cup, when he led Calgary past Montreal. And on Thursday, he can collect his second Most Outstanding Player Award in the leadup to Sunday's showdown with the Edmonton Eskimos.

But his drive for success is

ers, following his release by

both Calgary and Hamilton in recent

"It is very personal to me," he told reporters Wednesday **Burris posted a** after a brisk mor-CFL-record 481 completions this ning workout at Investors Group Field. vear en route to leading the league in passing with 5,703 yards. "So many people always say you can let it go, let it go. But I think that's what motivates some of the best athletes ever.

"You have to play with a

your heart matter to you as an

athlete. When they say certain things to doubt you."

Burris acknowledges there will always be naysayers. But to him it matters when it comes from people "that matter to you, that played a role in your life."

As tough as nails on the field, the

charismatic Burris bruises easily off it.

"The bottom line is what chip on your shoulder. When motivates you every day," he said. "And for me the fact I was sent packing after I helped turn organizations around and doing my job both on and off the field, being an ambassador not only for the community but for the team and also for the league — just to be sent packing the way that it occurred."

Defeating the Ticats three times at the end of this season was sweet, sweeter and even sweeter.

Bottom line, it appears that while you can part ways with Burris, you can't escape him.

"No matter what you say, you can't rule me out," Burris said. THE CANADIAN PRESS

Oilers swept away

All too easy for Hurricanes as Ward keeps Edmonton out

Elias Lindholm scored the goahead goal midway through the second period, Cam Ward made 30 saves and the Carolina Hurricanes beat the Edmonton Oilers 4-1 on Wednesday night.

Jordan Staal and Jeff Skinner also scored for Carolina. Andrej Nestrasil, who had a goal and an assist, scored an empty-netter with 51 seconds left as Justin Faulk picked up his second assist of the night.

Benoit Pouliot scored for the Oilers, the 100th goal of his career, and Anders Nilsson stopped 23 shots.

Carolina improved to 2-2-4 in its last eight by winning for the second time in three games. Ward upped his record to 7-6-3.

Edmonton forward Nail Yakupov, who got his 100th career point in the first period, left with an injury apparently to his lower body during the second and did not return.

Pouliot got the Oilers on the board on the power play at 7:34 of the first, beating Ward on a tip-in. Ryan Nugent-Hopkins had the primary assist, and Yakupov picked up his milestone

Staal evened the score at 19:44 on a tough-angle shot from the right side that ricocheted off the skates of defenceman Griffin Rinehart and Nilsson. Nestrasil had the assist. Lindholm beat Nilsson from the top of the left circle on a rush at 10:16 of the second, with Eric Staal getting the primary assist.



The Oilers' Teddy Purcell, left, battles with Carolina Hurricanes' Eric Staal during the first period in Raleigh, N.C. Wednesday. KARL B DEBLAKER/THE ASSOCIATED PRESS

WEDNESDAY in Carolina





Skinner made it 3-1 at 16:41, deflecting Faulk's pass with a still left skate past Nilsson on his glove side. The assist extended Faulk's scoring streak to seven games. Edmonton visits Detroit on Friday night in the second of a two-game road trip. THE ASSOCIATED PRESS

🚹 CAREY INJURED AS HABS RUN RIOT

Montreal Canadiens goaltender Carey Price exited after the second period of a game against the New York Rangers on Wednesday.

There was no announcement made in the press box as to why the league's No. 1 goaltender left the game. He was replaced by Mike Condon. Price stopped 22 shots in the first 40 minutes and the Canadiens led 2-1 at the break. They went on

to win 5-1. Price won the Ted Lindsay, Jennings, Vezina and Hart trophies last season and was the first goal-



Carey Price GETTY IMAGES

tender in NHL history to win all four awards in the same season. THE ASSOCIATED PRESS

IN BRIEF

Rams' receiver Bailey in hospital after being shot

A person familiar with the situation tells The Associated Press that suspended Rams wide receiver Stedman Bailey is in critical, but stable condition after being

The Rams said in a statement they were "aware Stedman Bailey was involved in an incident" late Tuesday and that they had spoken with him.

Stedman is a 2013 draft pick out of West Virginia. He is serving a four-game suspension for violating the NFL's substance-abuse policy. THE ASSOCIATED PRESS

Lowry shows class as Raptors beat LeBron's Cavs

Kyle Lowry poured in 27 points to lift the Toronto Raptors 103-99 over the Eastern Conference-leading Cleveland Cavaliers on Wednesday.

DeMar DeRozan added 20 points, while Luis Scola had 15 points and seven rebounds. DeMarre Carroll, tasked with the tough job of guarding LeBron James for most of the night added 12 points, while Bismack Biyombo added 11 points and 12 rebounds James led the Cavaliers (11-4) with 24 points, while Kevin Love added 21. THE CANADIAN PRESS

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RECIPE Zesty Chicken, Red Beans and Rice

Thursday, November 26, 2015



Ceri Marsh & Laura Keogh For Metro Canada

This hearty, crowd-pleaser is so perfect for a cold, fall night you may not mind so much that winter is coming. Well, maybe that's a stretch, but it's really delicious.

Ready in

Prep time: 60 minutes Serves 4

Ingredients

- 1/4 cup flour
- 11/2 Tbsp chili powder
- 1/4 tsp salt
- 1/4 tsp pepper
- · 6 chicken thighs • 1 Tbsp olive oil
- · 2 cloves garlic, minced
- •1 x 15 oz can of kidney beans •1 x 19 oz can of tomatoes
- •1 cup frozen or fresh corn
- 3/4 cup chicken stock
- •1 cup brown rice
- · Small handful of chopped cilantro and quartered limes for garnish

Directions

- 1. Preheat the oven to 350 F. 2. On a plate, toss together the flour, chili and salt and pepper. Dredge the chicken through the mixture until well-coated.
- 3. In a large Dutch oven or oven proof pot, heat up the olive oil over medium high heat. Brown the chicken on both sides. Place the browned chicken on a clean plate and put aside. Drain excess fat from the pot.
- 4. Turn the heat down to medium and add the garlic, allow it to soften and become fragrant. Add your beans, tomatoes, stock, corn and rice. Stir. Break up the tomatoes with the back of a wooden spoon. Raise the heat again so that your mixture comes to a boil.
- 5. Place the chicken pieces on top of your tomato-y mixture, place a lid on top and place in the oven for 45 to 50 minutes. Remove from the oven and serve with a sprinkling of cilantro and lime.

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1. Noun modifiers [abbr.] 5. Aristocrat of India 9. Lazy _ (Kitchen cupboard upgrade) 14. Throw out -steven 16. "The Devil Wears (2006)17. Staunch 19. Like a lotus position 20. "How silly _ " (My bad) 23 Irish airline with Lingus 24. Colour choice for a retro-style fridge: 3 wds. 28. Mr. Onassis et al. 30. Tic-Tac-Toe win 31. Poet's 'atop' 32. Trend 33. 'n' Turf 34. Escargots: English 38. Commander played by Lorne Greene on "Battlestar Galactica' 40. U.S. airer of "The Walking Dead' 42. Faultfinder 43. Canadian bathroom tissue brand with the white kittens 45. Comply 47. "Law & Or-48. Cleaning cloth 49. Vegas lo-

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need 67. Spring months 68. Eternities practically 69. "You Shook _ Night Long" by AC/DC 70. Primordial matter of outer space 71. Maple

DOWN

1. Sit-ups targets death (Overuse) 3. Sgt. played by Dan Akyroyd in 1987's "Dragnet", a comedic take on the classic same-named crime

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61. Mil. officer

64 'Ideal' suffix

65. NNW's opposite

63. Tie-_

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 Demand the best and you will get it. With the Sun moving through one of the most dynamic areas of your chart you only have to snap your fingers for others to come running

Taurus April 21 - May 21 The pressure you're under may be intense but it's nothing you haven't experienced before and nothing you can't handle. In fact, you will make such a success of it that even your rivals will shower you with praise.

Gemini May 22 - June 21 There are a lot of changes in your world at the moment and some of them are a bit worrying. But no matter how great the upheavals may get you have nothing to fear.

Cancer June 22 - July 23 There is no limit to what you can do. Where work and money are concerned now is the time to push yourself. The effort will pay off.

Leo July 24 - Aug. 23 Romantically and creatively the sky is the limit. The Sun in Sagittarius endows you with massive selfconfidence, to the extent that you believe that all things are possible – and your belief will make it a fact.

Virgo Aug. 24 - Sept. 23 Try not to let your emotions get the better of you, because once they start to unravel it's unlikely you will be able to stop them getting entirely out of hand. Whatever the problem is it's not worth getting upset about.

Libra Sept. 24 - Oct. 23 You will want to be on the move today. Realize that you will achieve more if you get out and about and meet as many new people as possible.

Scorpio Oct. 24 - Nov. 22 Know what you want and you know where to find it. If you do then there is a very good chance that you can make it your own. Above all Scorpio, don't listen to those who urge caution.

Sagittarius Nov. 23 - Dec. 21 The Sun in your sign means there is no holding you back. The only danger is that you could take on too many things and not be able to give your best to what is most important.

Capricorn Dec. 22 - Jan. 20 You are under no illusions about what needs to be done. You are smart enough to realize there are no shortcuts. What you're working on demands your full and undivided attention and your very best efforts

Aquarius Jan. 21 - Feb. 19 You will do something today that turns heads and gets tongues wagging - and you will love every moment of it. But don't neglect those who have stood by during the bad times. Give them some attention too.

Pisces Feb. 20 - March 20 You can take great strides on the work front. Very Important People will be on your side and very soon you could be a VIP yourself.

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REMOTE START, HEATED SEATS LAMPS. TRULER BRAKE CONTROLLER

\$37,995 \$2068W



JEEP CHEROKEE TRAILHAWK 4X4 IFTISTE HEATED AND COOLED SEATS HEATED STEERING WHEET BEING SPOT AND CROSS HITH DETECTION, ADAPTING CRUISE CONTROL, ADVANCED BRANE ASSIST, COMMANDIVEN



\$34,888 \$185BW

JEEP CHEROKEE North/4x4



\$31,500 \$172sw

COMBINE \$11,595 WITH 0%

TES UP TO COMBINE \$5,000 WITH 0%

RAM 3500 SXT CREW CAB DIESEL

WFG61: 6.7L DIESEL, HANDS FREE LICONNECT, PARK VIEW REAR



CONTROLLER: REMOTE START, CHROME RUNNING BOAR

\$56,995 \$310_{8W}



#528 6.4L HEMI, 410HP, 15520 USS TOWNS CAPACITY DICOMMECT # #1100ICH

RAM 2500 MEGA CAR

\$52,995 \$2878W

2015 JEEP PATRIOT ALTITUDE 4X4

AFSER, FOG LAMPS, BLACK ALLIMINUM WHEELS, AIR

\$22,500 \$125BW



\$26,995 \$150ew

\$29,500 \$164sw



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